Series: Before & After You Say "I Do" Message: Rules For Resolving Conflict Scripture: Ephesians 4:25-32 Speaker: Randy Pope Date: 24/25 March 2012

- · Cold War
- Guerilla Warfare
- · Full Scale Assault
- Retreat
- 1. A Spirit Of Reconciliation
- 2. A Plan For Reconciliation
- 1. Be <u>Honest</u>.

Ephesians 4:25 ²⁵ Therefore, laying aside falsehood, speak truth each one of you with his neighbor, for we are members of one another.

2. Restrict Anger.

Ephesians 4:26a ^{26a} be angry, and yet do not sin; ...

3. Keep <u>Current</u>.

Ephesians 4:26b 2^{6b} ... do not let the sun go down on your anger,

4. Recognize The Enemy.

Ephesians 4:27 ²⁷ and do not give the devil an opportunity.

5. Act <u>Responsibly</u>.

Ephesians 4:28

²⁸ He who steals must steal no longer; but rather he must labor, performing with his own hands what is good, so that he will have something to share with one who has need.

6. Speak <u>Graciously</u>.

Ephesians 4:29

²⁹ Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

7. Rely On God's Spirit.

Ephesians 4:30 ³⁰ Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

8. Deny Sinful Passions.

Ephesians 4:31 ³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

James 1:19-20

19 This you know, my beloved brethren. But let everyone be quick to hear, slow to speak and slow to anger;
20 for the anger of man does not achieve the righteousness of God.

9. Show <u>Kindness</u>.

Ephesians 4:32a ^{32a} Be kind to one another, tender-hearted, ...

1 Peter 3:8-9

- 8 To sum up, let all be harmonious, sympathetic, brotherly, kindhearted, and humble in spirit;
- 9 not returning evil for evil, or insult for insult, but giving a blessing instead; for you were called for the very purpose that you might inherit a blessing.

10. Readily <u>Forgive</u>.

Ephesians 4:32b ^{32b} ... forgiving each other, just as God in Christ also has forgiven you.

Proverbs 11:14 14 Where there is no guidance, the people fall, But in abundance of counselors there is victory. Philippians 2:3-5

- *3 Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself;*
- 4 do not merely look out for your own personal interests, but also for the interests of others.
- 5 Have this attitude in yourselves which was also in Christ Jesus,