



A Complete Curriculum Kit for the Early Learner

*Jesus grew in wisdom and stature
and in favor with God and men.*

Luke 2:52

Learn Your Letters, Learn to Serve

The ideas from this book were born when our second son was a preschooler. We wanted to come up with a fun way to teach him his letter sounds that would be hands-on and practical. But, we were even more interested in teaching our children how to think of others and to serve others.

At the time, we were “winging it.” We taught him one new letter sound each week. For each letter, we did several different activities, all of which began with the sound of the letter for the week. For instance on Dd week, we surprised Daddy with donuts. We found toys in our toy box that started with Dd. We did writing activities to reinforce his learning of the sound and so that he would learn the correct way to write Dd.

Then, the real fun began! Early in the week, we chose someone that we knew whose name began with Dd, we made our plans... and at the end of the week we took that person something that began with Dd. These activities became fun for the whole family as we got creative each week with our new letter. Our older son had fun coming up with ideas of things to do, or people to serve. We all enjoyed hopping in the van to deliver our surprise to the unsuspecting person who *just happened* to have the right letter to begin his or her name that week!

Even more fun was the response from our recipients! When we took Mini Muffins to the Millers, we received a wonderful thank you note the following week, in which Mrs. Miller thanked us very Much for the Marvelous Mini Muffins that they got to Munch on Monday. The kids loved the card! When we took Flowers to Felice, she wrote back thanking us for the Fun and Fabulous Flowers that were so Fragrant and Fantastic. After Tina received a new Toy on Tuesday, she wrote back a note with a big T on the front saying: T is for Thanks. It was a blast to see how everyone got into our project with us and helped enforce our learning of letter sounds and our love of service.

We tried to encourage our kids to think of people who would be the most cheered by our service. If we decided to do more than one person each week, we thought of people in different age groups. In other words, our kids couldn't always just choose their favorite friends to serve. We urged them to choose older folks, their friend's parents, teenagers, people of all ages! By doing this, our children had the wonderful opportunity to get to know people that they may not have had the chance to get to know otherwise.

We began our project in an effort to teach our children to bless others. The blessings we all received in return were so rich, and the memories of those days are forever stored in our hearts.

This book was written as a curriculum guide for children ages two through seven. As your child learns letter sounds by doing the fun activities described in this book, he or she will also learn to be a loving servant.

There are **nine sections in each lesson** to help your child learn the letter sound in a variety of ways:



1. What Does the Bible Say?

There is a verse for your child to memorize that begins with the letter of the week (or has an important word in the verse that includes that letter). The Scriptures can be printed and posted on the wall in alphabetical order. Along with memorizing the scriptures, discuss them with your child to help them understand God's Words. You will find these scripture print out pages in the **Scripture Memory Packet**. Your child can decorate these pages if he/she wishes.

In addition, each letter lesson includes a Bible person or character trait for you to read about with your child. You'll find the Scripture references in each "What does the Bible Say?" section of the letter lesson.



2. Write Away

Each letter has a corresponding worksheet that will offer reinforcement of the letter sound, as well as space to practice writing each letter. You are welcome to teach your child to write the letter in whatever form you are most comfortable with. You will find all of these printable sheets in the **Alphabet Practice Packet**.



3. Sing the Sound

There is a short song to sing as you teach each letter sound (set to the tune of The Farmer in the Dell). In the instance of a vowel letter, there are long and short vowel sound versions of the song. Singing helps commit the letter sounds to memory. Sing the songs as many times as you wish, or make up your own varieties of letter sound songs!



4. Books to Read

There are thousands of wonderful books to read, and you and your child(ren) can have fun each week going to the library to pick out books that include the letter sound you are studying. I have included a suggested list for each week to get you started.



5. Talk, Think, and Learn

This section will provide a few questions for you to discuss with your child. The main idea of these questions will begin with the letter sound you are studying. Expand on any of these questions as much or as little as you wish.



6. Things to Do Together

You'll find several suggestions for activities, games, and projects written in this section - all based on the letter of the lesson. The **Alphabet Project Packet** contains printables for activities suggested in this section.



7. Things to Make:

Patterns, recipes, and craft ideas are listed in this section to give your child some fun, creative reinforcement of the letter sound he or she is learning.



8. Ways to Serve:

This section is the most important! You and your child will choose one to four people or families whose name begins with the letter you are studying each week. Together, you will create something fun to take to someone special. For instance, on Bb week you might bake

banana **b**read and take it to the **B**aker family and **B**arbara and **B**renda. To make it even more fun, tie a **b**ow around your banana bread. This section provides an opportunity for your child to use the information he or she has learned during the week to serve others.

When my family and I did this, brainstorming together about what to make or buy for someone and choosing who to serve was the most fun and rewarding part of our Letter Learning Journey! If you need help finding countries beginning with certain letters, you may find this site helpful: http://www.washingtonpost.com/wp-srv/inatl/longterm/worldref/country/country_index.htm.

When writing down countries and missionaries to pray for, it may also be necessary to include states or cities as some letters begin very few country names.



9. Recipes and Instructions Tool Box

All of the recipes and activity instructions will be found at the end of each lesson in a section labeled *Recipes and Instructions Tool Box* unless otherwise noted.

It is important for me to mention...

Part of the joy of *Learn Your Letters, Learn to Serve* is to let your children come up with their own ideas as they practice learning letter sounds. While you can use any of the ideas written for you in this book, please let it also serve as inspiration for *your family* to learn creativity as you come up with your own wonderful ideas to match the letter sounds of the week. Have your own ideas for recipes you can make or items you can take to someone? Go for it!

It is also very important for me to mention...

You should NOT feel like you need to do every project or idea suggested in this curriculum kit!!! I listed a large number of ideas in each section in order to give you options and choices. Forcing yourself to do all of them may take away from the joy of learning and serving with your child(ren). Pick and choose what will be the most fun and most educational for your family. Don't forget to add your own creative ideas! As much as possible, get the whole family involved in the activities, projects and service opportunities!

You will find additional planning and instructional information in the Parent's Planning Packet.

The Letter

Aa



What Does the Bible Say

Work to memorize Psalm 42:1.
Print the scripture card and place it on the wall.

Read about Abraham's faith.
(Hebrews 11:8-19)



Write Away!

On the writing worksheet
teach your child to write Aa.

On this same page write all the words
that your child can think
of that begin with Aa or have
the Aa sound in them.



Books to Read

The A Book, by Dr. Seuss

*Alexander and the Terrible, Horrible,
No Good, Very Bad Day*,
by Judith Viorst

Alligator Shoes, by Arthur Dorros



Sing The Sound

(Sung to the tune of Farmer in the Dell)
(Short Sound)

*The letter Aa says aaa
The letter Aa says aaa
Like ax and ant and apple jacks
The letter Aa says aaa*

(Long Sound)

*The letter Aa says ay
The letter Aa says ay
Like ape and air and bake a cake
The letter Aa says ay*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Aa. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Aa.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Write a note to the person you talked about that you **admire**.

Take a basket of **apples** with **Apple Dip** to **A**_____.

If you see someone who needs help... take **action**!

Make a bouquet of Flying **Angels** to take to **A**_____.

Bake up some **Apple Bread** for **A**_____.



Talk, Think, Learn

How can we work on always
having a good **attitude**?

What does it mean to **admire**
someone? Who do you **admire**?

How important is **air**?



Things To Do Together

Cut out pictures of **animals** from
old magazines and glue
them into a collage.

Pack a lunch and go on
an **adventure** together.

Spread **apricot** preserves on
toast or biscuits.

Learn your **address**.



Things to Make

Apple Bread

Apple Dip

Apple Prints

Flying **Angels**

Paper **Airplanes**

See which airplane flies the farthest.



Recipes and Instructions Toolbox:

Apple Bread

1 ½ cups whole wheat flour
1 teaspoon cinnamon
½ teaspoon baking soda
¼ teaspoon salt
¼ teaspoon baking powder
¼ teaspoon nutmeg
1 cup sugar, or ½ cup honey
½ stick butter, melted
1 egg
3 apples, peeled and finely shredded



Pre-heat oven to 350°. In a mixing bowl, combine all the dry ingredients. Mix in butter, egg and shredded apples. Stir until just combined. Pour into a greased loaf pan. Bake for one hour or until toothpick inserted in the center comes out clean. Cool in pan for ten minutes, then remove and cool on a wire rack.

Apple Dip



8 ounce package cream cheese, softened
½ cup brown sugar
½ teaspoon vanilla

Mix all ingredients together until creamy. Put dip in a nice jar to give away, along with some apples.

Apple Prints

Supplies you will need: apples of various sizes, sharp knife, washable paint, white cardstock, paper plates, newspaper (for under the white paper), paint shirt



Slice apples in half as shown.

Put about a tablespoon of paint onto paper plates. Place the flat part of the apple into the paint, enough to spread paint evenly onto it.

“Stamp” the apple onto the paper to make an apple print.

Flying Angels

Supplies you will need:

Small round suckers like Dum-Dums.
White Kleenexes, or coffee filters
Gold pipe cleaners & Thin markers

How to make your angel:

Place a sucker right in the middle of a Kleenex.

Wrap the Kleenex around the sucker. At the place where the stick and sucker meet, wrap a pipe cleaner around and around to hold the Kleenex in place. Shape the pipe cleaner into wings.

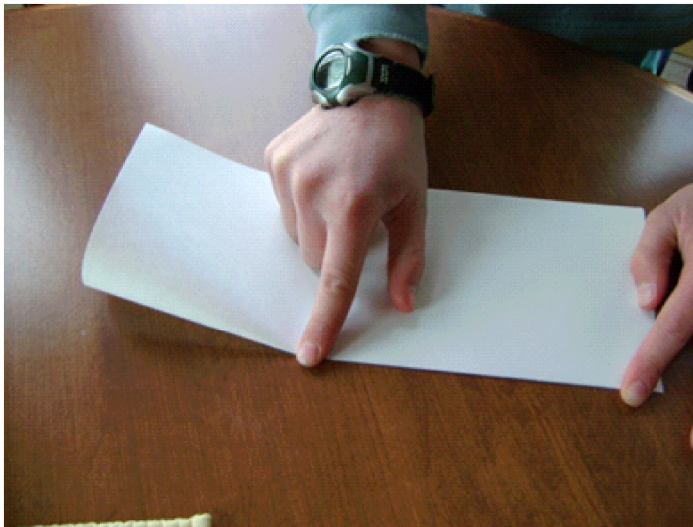
Form another $\frac{1}{2}$ pipe cleaner into a halo for the angel. Leave about an inch of pipe cleaner after forming the halo.

Use the remaining inch of pipe cleaner to attach the halo to the angel, around the neck. Shape the halo over the "head" of the angel.

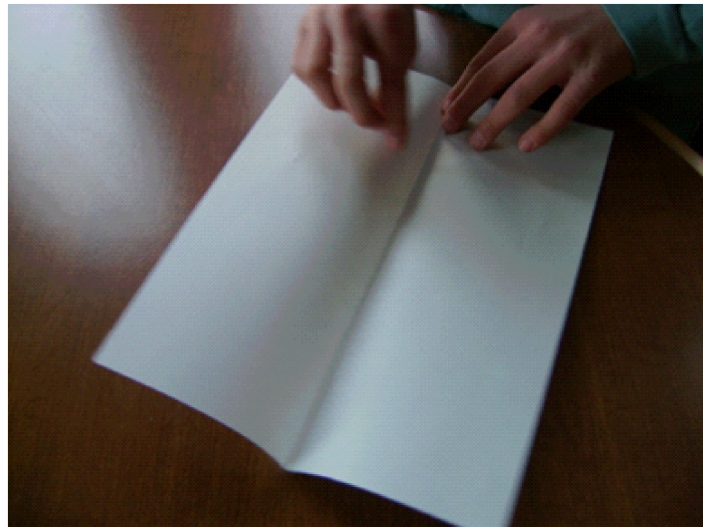
Use markers to draw a face on the angel's head.



Paper Airplane



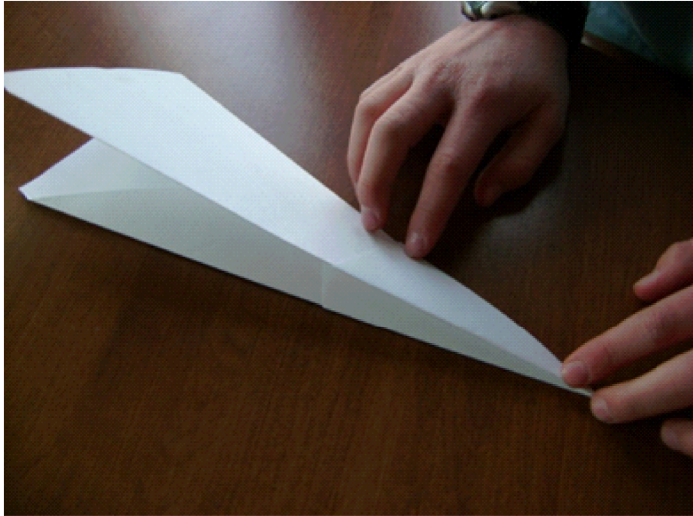
Fold a piece of $8\frac{1}{2}$ x 11 paper in half.



Open the piece of paper back up.

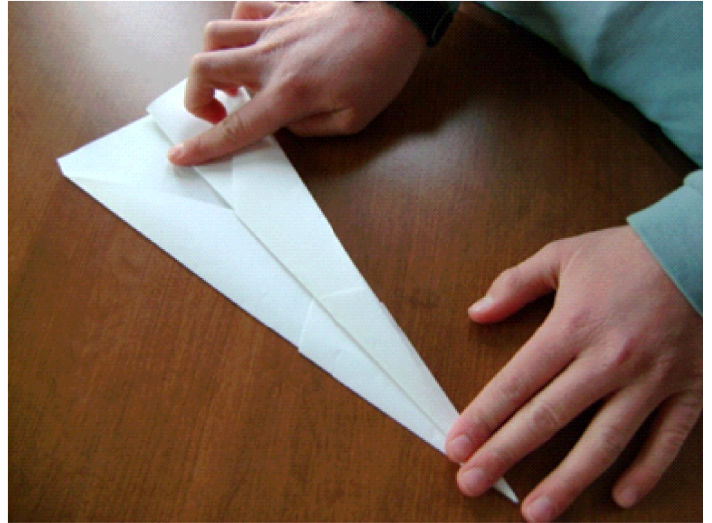


Fold the top corners down to the middle.



Fold paper airplane in half along fold.

Flip paper over. Fold top corners into the middle.



Fold the tops of the airplane
down to the bottom fold

The Letter

Bb



What Does the Bible Say

Work to memorize Psalm 84:4. Print the scripture card and place it on the wall.

Read about Jesus healing the **blind** man. (John 9)



Write Away!

On the writing worksheet teach your child to write Bb.

On this same page write all the words that your child can think of that begin with Bb.



Books to Read

*The **B** Book*, by Dr. Suess

***Bread** is for Eating*, by David and Phillis Gershator

*The **Bicycle** Man*, by Allen Say



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Bb says bbb

The letter Bb says bbb

Like bat and box and basketball

The letter Bb says bbb



Ways To Serve

Make a list of everyone you can think of whose name begins with Bb. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Bb.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Take a new **book** to **B** _____.

Buy a new **Bible** for someone who needs it.

Bake Brownie Bites to take to **B** _____.

Think of more ways you can serve that begin with the letter Bb.



Things to Make

Beanie Balls

Build a Bug

Brownie Bites

Big Bubbles



Talk, Think, Learn

What does it mean to **bless** someone? Who has **blessed** you? How can you **bless** others? Why is the **Bible** so important? What does it mean to be **brave**? Have you ever been **brave**? Do you know someone who is **brave**?



Things To Do Together

Take a family **bicycle** ride.

Build a tower with **blocks**.

Bead Bowls

Blow up several **balloons** and **bop** them around together. Don't let them touch the floor! Start with just one **balloon** to see how long you can keep it off the floor, then keep adding more and more.

Cut **bread** into shapes with cookie cutters (like a **bear** or **bunny**) then spread with **butter** for a snack.

Toss **balls** of all different kinds into a **basket**. Start close to the **basket**, then keep **backing** up to see how far away you can get from the **basket** and still get the **balls** in.



Recipes and Instructions Toolbox:

Big Bubbles

5 cups water
1/3 cup light corn syrup
3/8 cup liquid dish soap

Mix ingredients into a large dishpan. Cut large holes in plastic lids of different sizes (like old butter tub or ice cream buckets). Leave only the outer rim uncut. Dip the lids into the tub of bubble soap to blow giant bubbles.

Brownie Bites

1 stick of butter, melted
1 cup sugar
1/4 cup cocoa
1 egg
1 teaspoon vanilla
3/4 cup whole wheat flour

Preheat oven to 350 degrees. Mix all ingredients together thoroughly. Put spoonfuls of dough into paper lined mini muffin baking pans. Bake for 15 minutes.



Bead Bowls

Provide your child with a big bowl full of colorful beads in different sizes and shapes. Give them several small bowls and some spoons and scoops. Allow them to play with the beads any way they wish. Encourage them to separate the beads into separate colors, sizes or shapes.



Build a Bug

How to Build a Bug:

Paint the styrofoam balls any color or colors. Allow paint to dry. Create bugs by poking pipe cleaners into balls to make legs and antennas. Cut wings from cardstock and glue on. Glue googly eyes into place. Draw mouth or any other feature on bug.



Beanie Balls

Supplies you will need:

- Three 12 inch balloons of two different colors, for each ball
- Bag of lentils
- Funnel
- Scissors

How to make a Beanie Ball:

Blow up one balloon and hold it for about 30 seconds.

Use the funnel to pour in $\frac{1}{4}$ cup of lentils. You may need to manipulate the balloon a bit to get the lentils to fit.

Cut off the neck of the two remaining balloons.

Fold the neck of the lentil balloon over. Stretch a second balloon over it.



The Letter Cc



What Does the Bible Say

Work to memorize 1 Peter 5:7.
Print the scripture card and place it on the wall.

Read about **Cain**. (Genesis 4:1-16)



Write Away!

On the writing worksheet teach your child to write Cc.

On this same page write all the words that your child can think of that begin with Cc.



Books to Read

*The **Cat** in the Hat*, by Dr. Seuss

Clip, Clop, by Nicola Smee

Cock-A-Doodle-Do!, by Jill Runcie

*A **Color** Of His Own*, by Leo Lionni

Corduroy, by Don Freeman



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Cc says ccc

The letter Cc says ccc

Like cub and car and cute and can

The letter Cc says ccc



Ways To Serve

Make a list of everyone you can think of whose name begins with Cc. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Cc.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Collect canned food items to take to your local food pantry.

Make Sugar **Cookie Cut-Outs** for C_____.

Call C_____ and let him/her know that you care.

Take a new **coloring** book and **crayons** to C_____.

Think of other ways you can serve that begin with the letter Cc:



Talk, Think, Learn

What does it mean to be a **Christian**?

What things can you do to show someone that you **care**?

Why is it important to say, "I **can**" instead of "I **can't**"?



Things To Do Together

Cuddle together on the **couch** under a **comforter** and read books.

Count as high as you **can**. Practice **counting** even higher.

Crunch some **carrots**, **celery** and **cucumbers** at snack time.

Learn how to read a **calendar**.

Clean out your **closet**.

Mix **Colorful Clay**.



Things to Make

Crazy Cartoons

(Found in Alphabet Project Packet)

Cotton Clouds

Cute Costumes

Homemade **Crackers**

Sugar **Cookie Cut-Outs**



Recipes and Instructions Toolbox:

Mix Colorful Clay

Give your child three small clay balls of each primary color, red, yellow and blue. (They should have three red, three yellow and three blue.) Follow the chart below to show which colors they should mix together. When the clay is massaged together for several minutes with your fingers, the colors mesh and become the new secondary color.

Red + Blue = Yellow + Red = Blue + Yellow =

Cotton Clouds

Pull apart cotton balls and glue them onto light blue paper to form soft, fluffy clouds.



Cute Costumes

Look around your house and put together some fun costumes. Use old clothes, scarves, belts, shoes, hats... whatever you can find! Dress up and put on a Cool Show.

Homemade Crackers

2 cups whole wheat flour

½ teaspoon salt

½ teaspoon baking powder

¼ cup melted butter

½ cup water

Mix ingredients well. Roll dough to about 1/16" thickness on a large cookie sheet covered with parchment paper. Cut dough with knife into 2" squares, or cut with small cookie cutters to form cute shapes. Bake at 350° for 10-15 minutes. Turn oven off, but leave crackers inside for another 30 minutes until they are crisp. Serve plain, or topped with cheese or peanut butter.



Sugar Cookie Cut-Outs

½ cup butter, melted
½ cup sugar
½ teaspoon baking soda
2 Tablespoons milk
1 egg
1 teaspoon vanilla
¼ teaspoon salt
2 cups unbleached white flour

Cream butter and sugar. Stir in soda, milk, egg, vanilla and salt. Add flour.

Chill dough for at least two hours. Preheat oven to 350 degrees.

Roll half the dough on a floured surface. Use cookie cutters to cut fun shapes. Bake cut outs on cookie sheet for 8-10 minutes until lightly browned. Cool about one minute before removing from cookie sheet. After cookies are completely cooled, frost them if you wish.

Frosting

5 Tabespoons butter, softened
¼ cup milk
1 teaspoon vanilla
4½ cups powdered sugar

In a bowl, beat the butter until fluffy. Add milk and vanilla. Gradually add powdered sugar until the frosting is spreading consistency.



The
Letter
Dd



What Does the Bible Say

Work to memorize Psalm 37:4.
Print the scripture card and place it on the wall.

Read about **Deborah**. (Judges 4-5)



Write Away!

On the writing worksheet teach your child to write **Dd**.

On this same page write all the words that your child can think of that begin with **Dd**.



Books to Read

Dearest *Little Mouse In The World*, by Antonie Schneider

Doctor De Soto, by William Steig
Donkey-Donkey, by Roger Duvoisin
The Dot, by Peter Reynolds



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Dd says ddd

The letter Dd says ddd

Like dog and dad and daffodil

The letter Dd says ddd



Talk, Think, Learn

When have you felt **disappointed**?
Do you sometimes feel afraid in the **dark**? What should you do when you feel this way?
Have you ever had to make a hard **decision**? **Did** you **do** the right thing?



Ways To Serve

Make a list of everyone you can think of whose name begins with Dd. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Dd

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Decorate someone's front **door**, while they are out.
They are sure to be **delighted** when they come home!

Make a **Dirt Dessert** to take to **D**_____.

Take a **dozen donuts** to **D**_____.

Think of other ways you can serve that begin with the letter **Dd**:



Things To Do Together

Dry the **dishes** after **dinner**.

Put on some fun music and **do a dance**.

Go visit a **dairy** farm to see what it's all about.

Dust the furniture.

Dig in the **dirt** and get a little bit **dirty**.

Figure out how many **dimes** equal one **dollar**.



Things to Make

Donuts to share with **Daddy**
A Delicious Drink to share
Dipped Dot Designs



Recipes and Instructions Toolbox:

Donuts

3¼ cups whole wheat flour
2 teaspoons baking powder
¼ teaspoon salt
¼ teaspoon nutmeg
2 beaten eggs
⅔ cup sugar
1 teaspoon vanilla
⅔ cup milk
¼ cup melted butter
Oil for frying

Mix ingredients together and chill dough overnight, or for at least two hours. Roll dough to ½ inch thickness on lightly floured surface. Cut with a donut cutter.

Heat oil in skillet. Fry donuts and donut holes three or four at a time, about one minute on each side or until golden. Drain on paper towels.



Dirt Dessert

For pudding:

2½ cups milk
3 egg yolks
4 Tablespoons cornstarch or arrowroot powder
⅔ cup sugar
½ cup cocoa powder
1 Tablespoon butter
1 t teaspoon vanilla

To make pudding:

In medium saucepan, whisk together milk, egg yolks, arrowroot powder, sugar and cocoa. Cook on medium heat until pudding thickens and begins to bubble, stirring constantly. Remove from heat. Add butter and vanilla. Stir until smooth.

Pour over cookie crumbs. Place in refrigerator until chilled, about 3 hours. Spread remaining crumbs to cover the top. Decorate “dirt” with gummy worms or little toy dump trucks.

“Dirt”:

1 package Chocolate sandwich cookies
1 small package gummy worms and/or a few small toy dump trucks

Put chocolate sandwich cookies in a Ziploc baggie and crush until they are tiny crumbs. Put half of the crushed cookies in the bottom of a 9x9 inch glass dish. Reserve the other half to put on top of your pudding.

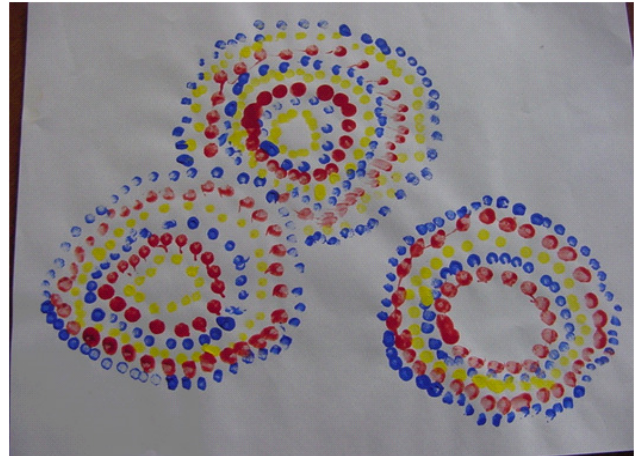
Dipped Dot Designs

Supplies you will need:

Paints of different colors
Paint shirts
Q-tips
Paper Plates
Painting paper
Newspaper

How to make Paint Dipped Dot Designs:

1. Lay newspaper out to protect your table.
2. Put a bit of each color of paint on separate paper plates.
3. Designate one Q-tip for each color of paint.
4. Dip Q-tip in paint and “dot” it on the paint paper one dot at a time in any design you choose.
5. If it makes it easier for the painter, draw pencil dots on the paper first for the painter to fill in with paint.



Delicious Drink

3 cups milk
2 Tablespoons cocoa powder
3 Tablespoons pure maple syrup
1 teaspoon vanilla

Blend all ingredients in the blender.

Pour into glasses and serve with straws.



The Letter Ee



What Does the Bible Say

Work to memorize 2 Timothy 2:3.
Print the scripture card and place it on the wall.

Read about **Eve**. (Genesis 2:15-3:24)



Write Away!

On the writing worksheet teach your child to write Ee.

On this same page write all the words that your child can think of that begin with Ee or have the Ee sound in them.



Books to Read

Ella The Elegant Elephant,
by Carmela & Steven D'Amico

Emma's Pet, by David McPhail

Eating The Alphabet, by Lois Ehlert



Sing The Sound

(Sung to the tune of Farmer in the Dell)

(Short Sound)

The Letter Ee says eh
The letter Ee says eh
Like egg and end and elephant
The letter Ee says eh

(Long Sound)

The letter Ee says eee
The letter Ee says eee
Like eat and each and Pete and feet
The letter Ee says eee



Ways To Serve

Make a list of everyone you can think of whose name begins with Ee. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Ee.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Invite **E**_____ over to **enjoy Excellent English** Muffin Pizzas.

Send your **Envelope**, with an **extra** special note to **E**_____.
(Found in Alphabet Project Packet)

Think of more ways you can serve that begin with Ee or have the Ee sound in them.



Talk, Think, Learn

What kinds of things would we have to give up if we did not have **electricity**?

How can God be **everywhere** and know **everything**?

How do we **encourage** others?

What have others done to **encourage** you?



Things To Do Together

Find a place that creates an **echo**.

Talk about having good **etiquette**: don't talk with your mouth full, keep your **elbows** off the table, say, "please pass the **eggs**", don't interrupt, etc.

Ear Experiment

Everybody Exercise!

Explore the **Earth** with **Equipment**

Find the **equator** on a map or globe.



Things to Make

Use the pattern for the **Envelope** to cut out and decorate.

(Found in Alphabet Project Packet)

Eggs Extraordinaire

Excellent English Muffin Pizzas



Recipes and Instructions Toolbox:

Ear Experiment

Gather items that make noise: a bell, a clock, a horn, water in a jar, noodles in a jar or anything else you have around the house that makes a fun sound.

Blindfold your child and let him or her listen to each item. See how many they can figure out. Give clues if necessary.

Explore the Earth with Equipment

Fill a backpack with exploration equipment: a compass, a magnifying glass, a notebook and pencil, water bottle, digging tools, container for treasures, etc. Show your child how to use each piece of equipment. Go exploring together to see what fun things you might discover: bugs, leaves, plants, rocks and more. (Start by walking **East!**)

Eggs Extraordinaire

6 eggs
2 medium potatoes, peeled and diced
½ cup chopped broccoli
½ cup chopped red pepper
2 Tablespoons minced onion
4 ounces sliced ham, cubed
½ cup shredded cheddar cheese
Salt and pepper
2 Tablespoons butter

Break open the eggs into a bowl and whip. Set aside.
Melt butter in a skillet. Cook potatoes, onion, broccoli, peppers and ham in the butter until the potatoes are tender but not mushy. Pour in eggs. Salt and pepper to taste.



Turn eggs over with the potatoes and ham until eggs are fully cooked. Remove from heat. Sprinkle cheese on top. Put a lid on the skillet so that the cheese will melt. Enjoy!

Excellent English Muffin Pizzas

One pkg. English muffins
1 small can pizza sauce
1 cup shredded mozzarella cheese
favorite pizza toppings- pepperoni, browned hamburger meat, olives, peppers, mushrooms

Open up each English muffin to be face up on a cookie sheet. Spread pizza sauce on each one. Top with favorite pizza toppings. Broil in oven for 5-7 minutes until cheese is melted and muffin is slightly crisp. Eat up!



The Letter

Ff



What Does the Bible Say

Work to memorize Romans 6:23
Print the scripture card and
place it on the wall.

Read about how Jesus helped his
disciples catch LOTS of **fish**.
(John 21:1-14)



Write Away!

On the writing worksheet teach your
child to write Ff.

On this same page write all the
words that your child can think of
that begin with Ff.



Books to Read

Fiddle-I-Fee: A Farmyard Song For The
Very Young, by Melissa Sweet
The Fire Cat, by Esther Averill
**Five Little Monkeys Jumping On The
Bed**, by Eileen Christelow
The Foot Book, by Dr. Seuss



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Ff says fff
The letter Ff says fff
Like fish and far and fun and foot
The letter Ff says fff*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Ff. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Ff.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Take **flowers** to F _____.

Invite F _____ over for **Frozen Fruit** Cups.

Think of more ways to serve that begin with the letter Ff:



Things to Make

Magnetic **Fish** Game
(Found in Alphabet Project Packet)
Fingerprint Friends
Frozen Fruit Cups

Foam Flags
Finger Foods



Talk, Think, Learn

How long is **forever**?
What are some things you
love about your **family**?
How can you be a good **friend**?
How important is **forgiveness**?



Things To Do Together

Play Go **Fish** card game together.

Play **Feel it**, Name it!
Measure how many **footsteps** it
takes to get across the entire
living room **floor**.

Have a **Flying Feather** Relay Race -
Try to keep a **feather** in the air by
blowing it with your mouth from
point A to point B.

Play "Who can **Find** the **Five Forks**
First?" (Hide **five** plastic **forks**.
Whoever **finds** them **first** gets to
hide them next.)

Play **Follow** the Leader.

Talk about what you should
do in case of a **fire**.

Experiment to see what **floats**



Recipes and Instructions Toolbox:

Feel it... Name it!

Put several different kinds of things into a bag: stuffed animal, large lego, cup, ball, hairbrush, shoe, etc. Add items that have a fun texture. Let your child reach into the bag without looking and feel one item at a time to try to guess what it is.

Float... or Sink?

In a tub of water, test an apple, a pop-cycle stick, a paperclip, a toy car, a penny, a pencil, a banana, a spoon, or anything else you would like to test to see what floats.

Fingerprint Friends

Supplies you will need:

Several colors of ink pads
Cardstock
Thin line markers
Wet paper towels

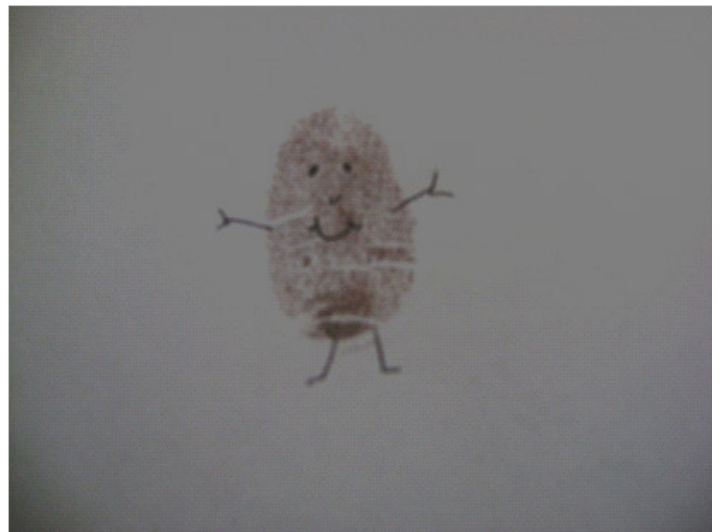
How to make Fingerprint Friends:

Dip your index finger in an ink pad. Press finger on cardstock to create fingerprint.

Wipe finger on wet paper towel. Repeat fingerprinting process with other colors or on more cardstock, depending on how many Fingerprint Friends you want to make.

Use the thin markers to draw features on the fingerprints so that they turn into critters: eyes, nose, mouth, arms, legs, wings, antennae, etc.

Give your Fingerprint Friends a name if you wish. (Can you think of names for your Friends that start with Ff?)



Finger Food

Create a meal or a snack with all finger foods! Include things like apple slices, orange wedges, crackers with cheese, popcorn, lunch meat rolled up on a toothpick, carrot sticks, and celery sticks with peanut butter.

Foam Flags

Supplies you will need:

8"x10" piece of foam, any color
Foam cut outs
Stickers
Markers
Streamers or Ribbons
Hole punch
Stapler
Pipe cleaner

How to make a Foam Flag:

Decorate foam piece with foam cut outs, stickers and markers.

Punch six holes at one long end.

Cut six streamers, 1 yard long each.

Pull one streamer through each hole and tie.

Roll flag ends together and staple.

Punch two holes at the top of the flag, one on each end.

Put one end of pipe cleaner through each hole and fold over the ends to attach.



Frozen Fruit Cups

1½ cups fresh or frozen strawberries
1½ cups fresh or frozen peaches
1 cup orange juice
2 Tablespoons honey

Combine ingredients in a blender. Blend until smooth.



The Letter Gg



What Does the Bible Say

Work to memorize John 4:24.
Print the scripture card and place it on the wall.

Read about **Gideon**.
(Judges 6-7)



Write Away!

On the writing worksheet teach your child to write Gg.

On this same page write all the words that your child can think of that begin with Gg.



Books to Read

Go Dogs. Go!, by P. D. Eastman

Good Job, Little Bear,
by Martin Waddell

Goldilocks And The Three Bears,
by Valeri Gorbachev



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Gg says ggg

The letter Gg says ggg

Like girl and goat and go and goose

The letter Gg says ggg



Ways To Serve

Make a list of everyone you can think of whose name begins with Gg. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Gg.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Invite a **guest** to your home to play **games**.

Give a **gift** to **G**_____.

Go to the **grocery** store for someone.

Use **glitter** and **glue** to make something **gorgeous** for your **Grandparents**!

Think of more ways to serve that begin with the letter Gg



Things to Make

Mix up a **Glorious Goulash**
Create a **Glowing Galaxy**

Put together a **Growth** Chart to keep track of how tall you're **growing**.



Talk, Think, Learn

Why is the **gift** of **God's** **grace** so important?

The **Gospel** is the **good** news about Jesus! Talk about ways to share the **good** news with others.

What does it mean to set **goals**? Can you set some **goals** for yourself?
What is **gravity**? Why is it important?



Things To Do Together

Play the "**Guessing Game**" - Think of things that starts with **Gg**. **Give** clues to help each other **guess** what it is.

Gather gold

(Found in Alphabet Project Packet)

Learn how to **Google** information.
Google the **Grand** Canyon. **Google** **geckos**. How big are **gorillas**?

Play "**Green Means Go**"

Learn how big a **gallon** is. How many quarts are in a **gallon**? How many pints? How many cups?

Grind some **grain**



Recipes and Instructions Toolbox:

Grind Some Grain

Try to get a hold of some grains of wheat or other grain. (You could check at your local farmer's co-op, from a farming friend, or from someone you know that grinds wheat into flour at home.) Grind a few grains of wheat with a rock on the sidewalk or another hard surface.

Green means Go... Game!

Tape a piece of green construction paper to a piece of red construction paper back to back. Have everyone line up in a straight line at one end of the room. One person can hold the colored paper, showing green when everyone needs to start walking (or hopping or skipping...) across the room. BUT, when the sign gets turned around to red everyone needs to STOP!! Take turns holding the colored paper and showing Stop! and Go!

Growth Chart

Supplies you will need:

5 pieces white or light colored construction paper
Yard stick or ruler
Pencil
Markers
Sticky tack
Tape

How to make a Growth Chart:

Tape all of the pieces of construction paper together end to end until you have one long strip.

Stand with your feet by the wall or door that the growth chart is hanging and let someone measure how tall you are.

Mark your height and write the date beside it. Check back in a few months to see if you've grown!

Glowing Galaxy

Supplies you will need:

Large pieces of dark construction paper
Glow in the dark paint
Paint brush
Newspaper
Sticky tack

How to make a Glowing Galaxy:

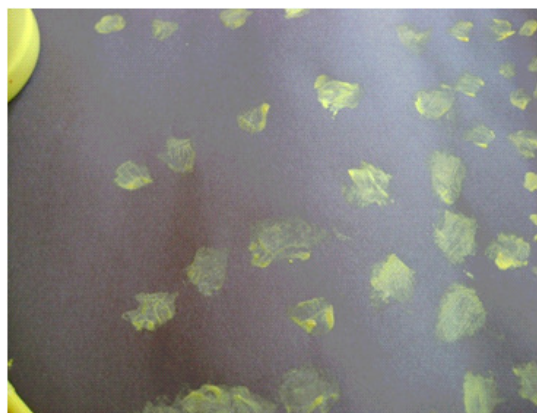
Lay construction paper out on newspaper.

Dip paintbrush in paint. Blot onto construction paper either in a random pattern or into constellations.

Allow paint to dry.

Hang paper on the ceiling of your bedroom with sticky tack.

Turn out the lights, lie in your bed and admire your Glowing Galaxy



Glorious Goulash

1 pound ground beef
10 ounces pasta, any shape
16 ounces spaghetti sauce
1 cup shredded cheese

Brown hamburger meat. Boil noodles according to directions on package. Drain.

Stir together browned meat, boiled noodles and spaghetti sauce.

Pour into a casserole dish. Sprinkle with cheese.

Place in a 350° oven for 20 minutes or until bubbly.



The Letter

Hh



What Does the Bible Say

Work to memorize Psalm 119:9.
Print the scripture card and place it on the wall.

Read about **Hannah**. (1 Samuel 1-2:21)



Write Away!

On the writing worksheet teach your child to write Hh.

On this same page write all the words that your child can think of that begin with Hh.



Books to Read

*The **Happy** Lion,*
by Louise Fatio

Hello, Hello! by Miriam Schlein

Home, by Jeannie Baker



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Hh says huh
The letter Hh says huh
Like hop and hippopotamus
The letter Hh says huh*



Talk, Think, Learn

What do you do to **help** others?

What do you think it takes
to be **happy**?

What do you think **Heaven**
will be like?



Things To Do Together

Play "What do you **Hear**?"

Play **Hide** and Seek
(Call it **Hide** and **Hunt!**).

Draw a **Hopscotch** game on the sidewalk and play.

Hammer some nails into
an old board.

Learn left **hand**/ right **hand**.



Things to Make

Happy Hats
Heart Animals

A **Huge Hamburger** to share
Toast with **honey**



Ways To Serve

Make a list of everyone you can think of whose name begins with Hh. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Hh.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Give a package of **Hershey's Hugs** to H_____.

Think of someone who needs a **helping hand** with something.

Write a **happy** note in the **Huge Heart** for H_____.
(Found in Alphabet Project Packet)

Think of more ways to serve that begin with the letter Hh:



Recipes and Instructions Toolbox:

What Do You Hear? Game

Sit together and just listen. Name all the sounds you hear. (refrigerator humming, cars going by, wind blowing...)

Heart Animals

Supplies you will need:

Construction paper of different colors
Glue sticks
Scissors

How to make Heart Animals:

Cut out hearts of various colors of construction paper.
Form them into a fun animal.

Glue the hearts in an animal shape onto a whole piece of construction paper.



Happy Hat

Supplies you will need:

Large solo cups
Stickers and markers
Hole Punch
String

How to make a Happy Hat:

Decorate the cups with stickers and markers.

Punch a hole in either side of the cup, by the white rim.

Tie a string through the holes, long enough to reach around and tie down under the child's chin.



HUGE Hamburger

1½ pounds ground beef

King's Hawaiian round bread (or something similar)

Hamburger fixings

Form the ground beef into one big patty.

Cook on medium low heat, covered, turning once.

Turning the patty may take three spatulas and two people!

Cook for about 20 minutes total until cooked through.

Place on the big round bread.

Slice like a pizza to serve.



The Letter li



What Does the Bible Say

Work to memorize Psalm 86:12.
Print the scripture card and
place it on the wall.

Read about **Isaac**.
(Genesis 21:1-6+22:1-18)



Write Away!

On the writing worksheet teach your
child to write li.

On this same page write all the words
that your child can think of that begin
with li or have the li sound in them.



Books to Read

I Am A Bunny, by Ole Risom
If You Give A Mouse A Cookie,
by Laura Joffe Numeroff
I'll Teach My Dog 100 Words,
by Michael Frith
Inch By Inch - The Garden Song,
by David Mallet



Sing The Sound

(Sung to the tune of Farmer in the Dell)

(Short Sound)

The letter li says iii

The letter li says iii

Like important itchy insects

The letter li says iii

(Long Sound)

The letter li says eye

The letter li says eye

In pie and rice and bike and ice

The letter li says eye



Ways To Serve

Make a list of everyone you can think of whose name
begins with li. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter li

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Invite someone over for an **Ice** Cream Social.

Think of more ways to serve that begin with the letter li:



Talk, Think, Learn

What do you think it would be like to
live in an **igloo**?

What is your favorite kind of **pie**?

What are some of your most
important belongings?



Things To Do Together

Measure things around the house to
see how many **inches** long they are.

Learn **Important Information**:
parents first names, phone
number, address
(Found in Alphabet Project Packet)

Time an **ice** cube to see how
long it takes to melt

Play **Imitate, Imitate!**



Things to Make

Homemade **Ice cream**

Sticky **Igloo**

Whip up **Irresistible**

Island Slushies

Come up with an **invention** (Use your
imagination on this one!)



Recipes and Instructions Toolbox:

Ice Cream

3 cups heavy whipping cream
2 cups whole milk
3 egg yolks
1 Tablespoon arrowroot powder
½ cup maple syrup or 1 cup sugar
1 Tablespoon vanilla extract

Mix all ingredients with a whisk. Pour into an ice cream maker canister and freeze according to ice cream maker directions.



Sticky Igloos

Supplies you need:

Bag of tiny marshmallows
Toothpicks
Small bowl of water
White typing paper

How to make Sticky Igloos:

Use the water to moisten a few marshmallows at a time. Lay them onto the white typing paper in any shape to form an igloo. Use the toothpicks to help hold the shape.



Melting Ice Cubes

Supplies you need:

Ice cubes (any size)
Aluminum foil
Paper towels or cloth wash rags
Paper
Any other materials you'd like to experiment with.
Stop watch

How to Melt Ice Cubes:

Use the different materials (foil, paper, cloth) to wrap up several different ice cubes.

Time the ice cubes to see which method melts the ice cube the fastest.

Ice Cream Social

Make homemade ice cream. Prepare lots of ice cream toppings: hot fudge sauce, nuts, whipped cream, sprinkles, hot caramel sauce, brownie chunks, cookie crumbs, chopped fruit, etc. Set all the toppings out on the counter like a buffet. Be sure to have plenty of bowls, spoons and napkins!

Imitate, Imitate

Have two people stand face to face as if looking into a mirror.

One person will make silly facial expressions, move his/her hand in different motions, lift his/her leg in different motions... whatever actions they would like to do.

The person facing him/her will imitate everything the first person does, trying to do exactly what they see, as if looking in a mirror.

Take turns being the person initiating the actions.



Irresistible Island Slushies

2 cups fresh pineapple, cut into chunks

$\frac{1}{2}$ cup orange juice

1 cup plain yogurt

Place pineapple into a food processor and puree. Pour orange juice and yogurt into food processor and blend together with pineapple.

Pour mixture into small serving dishes. Place dishes in the freezer for about two hours to become slushy.



The Letter

Jj



What Does the Bible Say

Work to memorize Mark 10:27.
Print the scripture card and
place it on the wall.

Read about **Jonah**.
(The book of Jonah)



Write Away!

On the writing worksheet teach your
child to write Jj.

On this same page write all the
words that your child can think of
that begin with Jj.



Books to Read

Jacob's Tree, by Holly Keller

Jesse Bear, What Will You Wear, by
Nancy White Carlstrom

Joey & Jet, by James Yang



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Jj says jjj
The letter Jj says jjj
Like Jack and Jill and jumping jacks
The letter Jj says jjj



Ways To Serve

Make a list of everyone you can think of whose name
begins with Jj. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Jj.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Decorate a jar and fill it with **jelly** beans for J _____.

Deliver a **Jelly** Roll to J _____.

Think of more ways to serve that begin with the letter Jj:



Talk, Think, Learn

What do you love about **Jesus**?

What does it mean to be in a **jam**?
What should you do when you get
into a **jam**?

Have you ever felt **jealous**?

What kinds of things do you do when
you feel **joyful**?



Things To Do Together

Find a good **joke** book, or make up
your own **jokes**.

Make a list of all the **jobs** you
can do to help others.

Jump rope.

Collect **junk** in a park
and throw it away.

Jog in place... time yourself.

Play **Jacks**.



Things to Make

Juice Pops

Jelly Roll

A flag of Japan

Jambalaya



Recipes and Instructions Toolbox:

Jelly Roll

½ cup whole wheat flour
½ teaspoon baking powder
4 eggs yolks
½ teaspoon vanilla
⅓ cup sucanat or brown sugar
4 egg whites
½ cup sucanat or brown sugar
100% fruit jelly

Stir together flour and baking powder. Set aside.

In another bowl, beat egg yolks and vanilla and ⅓ cup rapadura.

And in another bowl, beat egg whites until soft peaks form. Add ½ cup rapadura to the egg whites and beat some more until hard peaks form. Then, fold the egg yolk/vanilla mixture into the egg whites. Next, fold the flour mixture into the egg whites.

Spread the batter onto a buttered piece of parchment paper lining a cookie sheet. Bake it for 12-15 minutes at 375 degrees. The cake should “spring back” if you gently touch it in the middle.

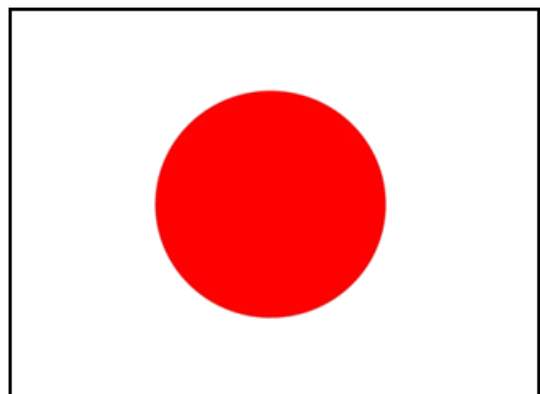
Immediately pull the cake off of the parchment paper and lay it onto a tea towel. Roll it up in the towel. Allow it to cool completely.

Unroll it, spread jelly all over it, and roll it back up. Slice and serve.



Flag of Japan

Print the flag (Found in Alphabet Project Packet) and color the circle red. Look up other fun information about Japan.



Jambalaya

2 Tablespoons olive oil
2 boneless, skinless chicken breasts
8 ounces Kielbasa
1 small onion, diced
1 green pepper, diced
1 Tablespoon chopped garlic
¼ teaspoon cayenne pepper
Salt and pepper to taste
2 cups brown rice
4 cups chicken broth
3 bay leaves
2 teaspoons Worcestershire sauce

Cut chicken and kielbasa into bite sized pieces. Sauté in oil until lightly browned. Stir in onion, bell pepper and garlic. Season with cayenne pepper and salt and pepper.



Cook 5 minutes or until onion is tender. Add rice, chicken broth and bay leaves. Bring to a boil and reduce heat, cover and simmer for 45 minutes. Stir in Worcestershire sauce. Serve.

Juice Pops

Freeze 100% juice in popsicle containers, or using ice cube trays and popsicle sticks.

Allow about 2 hours for the juice to freeze solid.



The Letter

Kk



What Does the Bible Say

Work to memorize Hebrews 13:1.
Print the scripture card and
place it on the wall.

Read about **King** Saul.
(1 Samuel 9-10)



Write Away!

On the writing worksheet teach your
child to write Kk.

On this same page write all the
words that your child can think of
that begin with Kk.



Books to Read

K Is For Kitten, by Niki Clark Leopold

Kiss Good Night, by Amy Hest

Kitten In Trouble, by Nancy Polushkin



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Kk says kkk
The letter Kk says kkk
Like king and kit and kangaroo
The letter Kk says kkk*



Talk, Think, Learn

What does it mean to be **kind**?

How does a mama **kangaroo** take
care of its baby?



Things To Do Together

Have a **kazoo** concert.

Wrap a sheet around yourself
and make a **kimono**.

Help clean the **kitchen**.

Play **Kick** Ball.



Things to Make

Chocolate **Kiss** Cookies

Kiwi Kabob

“**Kick** Back and Relax”
Hand and Foot Scrub

Kleenex Cuteness



Ways To Serve

Make a list of everyone you can think of whose name
begins with Kk. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Kk.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Take a container of Chocolate **Kisses** to K_____.

Deliver a jar of “**Kick** Back and Relax Hand and Foot Scrub to
K_____.

Think of more ways to serve that begin with the letter Kk:



Recipes and Instructions Toolbox:

“Kick Back and Relax” Hand and Foot Scrub

1 cup brown sugar
1 cup white sugar
 $\frac{3}{4}$ cup almond oil
2 teaspoon ground cinnamon
2 teaspoon ground ginger
2 teaspoon ground nutmeg

Glass container with lid
Cinnamon sticks, optional

Mix ingredients all together and put into a jar. Tie with a ribbon, adding cinnamon sticks for decoration if you wish.

To use scrub: Scoop 2-3 teaspoons of the scrub onto your hands or feet and rub it all around. Leave it on for 3-4 minutes, then wash it off. Ahhhh!



Kleenex Cuteness

Use stickers to decorate a plain box of Kleenex into a box of Kleenex cuteness!



Kiwi Kabob

Cut up bite sized pieces of strawberries and kiwi and skewer them onto kabob sticks!

Chocolate Kiss Cookies

1 cup brown sugar
1 cup peanut butter
1 egg
Chocolate kisses

Mix together brown sugar, peanut butter and egg.
Spoon dough onto cookie sheet in teaspoon sized drops.
Place a chocolate kiss on each mound of dough.

Bake for about 10 minutes in a 350° oven.



The Letter Ll



What Does the Bible Say

Work to memorize 1 Corinthians 13:4. On the writing worksheet teach your child to write Ll.
 Print the scripture card and place it on the wall.

Read about **Lydia**.
 (Acts 16:13-15)



Write Away!

On this same page write all the words that your child can think of that begin with Ll.



Books to Read

Leonardo *The Terrible Monster*,
 by Mo Willems
Let's Go Home, *Little Bear*,
 by Martin Waddell
Library Lion,
 by Michelle Knudsen



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Ll says lll
 The letter Ll says lll
 Like log and lick the lollipop
 The letter Ll says lll*



Ways To Serve

Make a list of everyone you can think of whose name begins with Ll. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Ll.
 Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Invite **L_____** over for **lunch**.

Take a pack of **Lifesavers** to someone who's name begins with Ll.

Visit someone who is **lonely**.

Think of more ways to serve that begin with the letter Ll



Talk, Think, Learn

What does it mean to be **lazy**?
 How can you **love** others
 like Jesus **loves**?
 What kinds of things
 make you **laugh**?
 How can we walk in the **light**?
 What should you do if you get **lost**?



Things To Do Together

Gather up things that are
large and **little**.
 Play **Leap Frog**.
 Eat **leftovers**.
 Count how many **licks** it takes to get
 to the end of your **lollipop**.
 Trace and cut along the **lines**. (Found
 in Alphabet Project Packet)
 Help fold the **laundry**.



Things to Make

Fresh **Lemon Limeade**
 Make a **long list** of everyone you **love**
Leaf rubbings
Lettuce salad



Recipes and Instructions Toolbox:

Lemon Limeade

8 cups cold water
2 lemons and 2 limes
 $\frac{1}{4}$ - $\frac{1}{2}$ cup real maple syrup or sugar

Put the 8 cups of water into a pitcher.

Slice the lemons and limes in half. Squeeze the juice into the pitcher of water.

Add maple syrup or sugar.

Stir well and refrigerate.



Leaf Rubbings

Supplies you will need:

Plain white paper
Leaves
A crayon

How to make Leaf Rubbings:

Lay the leaves on a table.

Place the white paper on top of the leaves.

Remove outer paper from the crayon, then lay it flat against the paper and rub it all over until the leaf shapes show up.



The
Letter
Mm



What Does the Bible Say

Work to memorize Hebrews 12:14.
Print the scripture card and
place it on the wall.

Read about **Mary**, the **mother** of
Jesus. (Luke 1:26-2:20)



Write Away!

On the writing worksheet teach your
child to write Mm.

On this same page write all the
words that your child can think of
that begin with Mm



Books to Read

Madeline, by Ludwig Bemelmans

**Maisy Big, Maisy Small: A Book Of
Maisy Opposites**, by Lucy Cousins

Make Way For Ducklings,
by Robert McCloskey



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Mm says mmm

The letter Mm says mmm

Like make and march and map and mud

The letter Mm says mmm



Ways To Serve

Make a list of everyone you can think of whose name
begins with Mm. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Mm.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Send **M**_____ some **mail**.

Make **Mini Muffins** for **M**_____.

Think of more ways to serve that begin with the letter Mm



Talk, Think, Learn

Has anyone ever been **mean** to you?
How did you feel?

Who do you **miss**?



Things To Do Together

Experiment with

magnets and **metals**.

Practice using good **manners**.

Help **match** up socks.

Plan and **make** a **meal** together.
(Found in Alphabet Project Packet)

Measure how tall you are.

Learn how long one **minute** is.

Learn the **months** of the year.

Set up a pretend store and buy things
with pretend **money**. (Found in
Alphabet Project Packet)



Things to Make

Mini Muffins

Torn Paper **Monsters**

Memory Match Up Game

Mudballs

Make a Mask



Recipes and Instructions Toolbox:

Mini Muffins

1 cup whole wheat flour
1 cup rolled oats
1 teaspoon baking powder
 $\frac{1}{2}$ teaspoon sea salt
 $\frac{1}{2}$ cup honey
1 egg
 $\frac{3}{4}$ cup milk
 $\frac{1}{4}$ cup melted butter or oil

Mix together dry ingredients, then stir in the liquids.

Spoon about a tablespoon of mixture into paper lined mini muffin tins.

Bake at 350° for 15-20 minutes or until muffins are golden brown. Makes about 24 mini muffins.



Mudballs

$\frac{1}{4}$ cup peanut butter
 $\frac{1}{4}$ cup honey
 $\frac{1}{4}$ cup wheat germ
 $\frac{1}{2}$ cup oatmeal
 $\frac{1}{4}$ cup chocolate chips
 $\frac{1}{4}$ cup sesame seeds

Cook the peanut butter on honey over low heat until melted. Add remaining ingredients. When cool enough to handle roll into gooey mud balls.



Torn Paper Monsters

Supplies you will need:

Construction paper in different colors
Glue stick

How to make Torn Paper Monsters:

Make these monsters without scissors! Use your fingers to tear the paper into fun shapes. Glue the shapes onto a piece of whole construction paper to form a Monster!



Make a Mask

Use the pattern (Found in Alphabet Project Packet) to create a mask.

Memory Match Up Game

Using dark, heavy cardstock, print off two copies of the Memory Match Up Game pages. (Found in Alphabet Project Packet) Cut along the lines, creating a total of 16 game pieces.

To Play the Game: Mix up all the pieces and lay them face down on the floor. Players take turns turning over two different game pieces, trying to find a match.

The Letter

Nn



What Does the Bible Say

Work to memorize Matthew 7:21.
Print the scripture card and
place it on the wall.

Read about **Noah**. (Genesis 6-9:17)



Write Away!

On the writing worksheet teach your
child to write Nn.

On this same page write all the
words that your child can think of
that begin with Nn.



Books to Read

Nini Here And There, by Anita Lobel

Now, Soon, Later, by Lisa Grunwald

No Foal Yet, by Jessie Haas



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Nn says nnn
The letter Nnn says nnn
Like nest and news and not and nose
The letter Nn says nnn*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Nn. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Nn.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Do something **nice** for your **neighbor**.

Make a card to appreciate a **nurse** that you know.

Think of more ways you can serve that begin with the letter Nn



Talk, Think, Learn

What kind of **noise** bothers you?

How do you feel when someone tells
you "**no**"? Why do people tell us
"**no**" sometimes?

Talk about your **name** and what it
means. Why did your parents give
you your **name**?



Things To Do Together

Learn how much a **nickel** is - try to
count by fives.

Write your **numbers**
(Found in Alphabet Project Packet)

Take a **nature** walk.

Collect in a bag some pretty things
from **nature** that God made.

Try to balance a spoon on your **nose**.



Things to Make

String together **Name Necklaces**

Necktie Noodles

Gather together pillows and
blankets. Put together a little
nest to take a **nap**!



Recipes and Instructions Toolbox:

Name Necklace

Supplies you will need:

Beads with alphabet letters
Colorful beads
Hemp string

How to make a Name Necklace:

String beads onto the hemp string to spell your name.
Use the colorful beads to form a pattern around your name. Tie the string around your neck into a necklace.



Necktie Noodles

Normally called “bowtie noodles”, we’re changing the name for this recipe for the sake of learning the letter Nn!

Boil 1 cup of “necktie noodles” in 2 cups of chicken broth. Add a little salt and slurp ‘em down.

Be sure to use a **napkin**!



The
Letter
Oo



What Does the Bible Say

Work to memorize Psalm 8:1.
Print the scripture card and
place it on the wall.

Read about **Othniel**.
(Judges 3:7-11)



Write Away!

On the writing worksheet teach your
child to write Oo.

On this same page write all the
words that your child can think of
that begin with Oo or have the Oo
sound in them.



Books to Read

Oh, Say Can You Say? by Dr. Seuss

Old Blue Buggy, by Fran Swift

Oliver Finds His Way, by Phyllis Root



Sing The Sound

(Sung to the tune of Farmer in the Dell)

(short sound)

The letter Oo says ah
The letter Oo says ah
Like ostrich and like on and off
The letter Oo says ah

(long sound)

The letter Oo says
The letter Oo says
Like open, only, orange and oa
The letter Oo says o



Ways To Serve

Make a list of everyone you can think of whose name
begins with Oo. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Oo.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Make **Orange Muffins** or **Oatmeal** Cookies to take to O_____.

Take a basket of "Not Your **Ordinary Oranges**" to someone who is sick.

Think of more ways to serve that begin with the letter Oo



Talk, Think, Learn

What does it mean if
something is **odd**?

Why is it important to **obey**?
What is **oxygen**? Why is it important?



Things To Do Together

Find things that are **on**.
Find things that are **off**.

Look up what an **oak** tree looks like.
Go for a walk, looking for **oak** trees.

Play "**Old Maid**" card game.



Things to Make

Oatmeal Cookies

Orange Muffins

Orange Julius



Recipes and Instructions Toolbox:

Orange Muffins

1½ cups whole wheat flour
1 t teaspoon baking powder
½ teaspoon salt
⅓ cup honey
1 egg
¼ cup butter, melted
The juice of one freshly squeezed orange
½ teaspoon grated orange rind
½ cup milk

Mix dry ingredients together. Make a “well” in the center. Add honey, egg, melted butter, orange juice, orange rind and milk. Stir until just combined. Bake in muffin paper lined muffin tins for 20 minutes at 400 degrees.



Oatmeal Cookies

½ cup melted butter
¾ cup brown sugar
1 egg
½ teaspoon baking soda
¼ teaspoon sea salt
½ teaspoon vanilla extract
¾ cup rolled oats
¾ cup whole wheat flour

Mix together melted butter and brown sugar. Add egg, baking soda, salt and vanilla. Stir in oats and flour.

Spoon tablespoon sized balls of dough on to a cookie sheet. Bake at 350° for 12-15 minutes.



Orange Julius

Juice of 3 medium oranges
2 cups buttermilk or milk
2 teaspoon real maple syrup (or more to taste)
½ teaspoon vanilla extract
A handful of ice cubes (optional)

Squeeze juice from the oranges and pour into a blender with remaining ingredients.

Blend until smooth (or until ice is crushed if added).



“Not Your Ordinary Oranges”

Carefully use a sharpie marker to draw faces on oranges for a friendly variety of vitamin C!



The Letter

Pp



What Does the Bible Say

Work to memorize John 14:27.
Print the scripture card and place it on the wall.

Read about **Peter** in **prison** (Acts 12:1-17) and **Paul** in **prison** (Acts 16:16-34).



Write Away!

On the writing worksheet teach your child to write Pp.

On this same page write all the words that your child can think of that begin with Pp.



Books to Read

*The **Police** Cloud*,
by Christoph Niemann

*The **Princess** And The **Pea***, Adapted
by Francesc Boada

*The **Puddle** **Pal***, by Elisa Kleven

*The **Puddle***, by David McPhail



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Pp says ppp
The letter Pp says ppp
Like pull and pat and pick and pop
The letter Pp says ppp*



Talk, Think, Learn

How did Jesus bring **peace**?

You are **precious**.

What does that mean?

How do **Police** Officers help us?

What are ways we can **praise** God?

What does it mean to make a
promise?



Ways To Serve

Make a list of everyone you can think of whose name begins with Pp. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Pp.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Invite **P**_____ over for a **pizza party**.

Wrap up a **pretty present** for **P**_____.

Take a **package** of **popcorn** to **P**_____.

Think of more ways to serve that begin with the letter Pp



Things To Do Together

Cut out, decorate and put together the **puzzle**. (Found in Alphabet Project Packet)

Pack a **picnic** and go to the **park**.

Trace the **purple patterns** with a **pencil**. (Found in Alphabet Project Packet)

Take a trip to the **post** office.



Things to Make

Pancakes in the shape of the letter Pp

Play dough **People**

Pumpkin Pie

Pencil Pal



Recipes and Instructions Toolbox:

Pumpkin Pie

Crust:

1¼ cups whole wheat flour
¼ t teaspoon salt
5 Tablespoons butter
4-5 Tablespoons water

Stir flour and salt together. Cut butter into flour and salt until it looks like large crumbs. Stir in water until a nice ball of dough forms. Roll dough on a floured surface to fit a pie pan. Carefully place dough in pan and cut off excess dough. Shape edges of dough with your fingers. Prick the dough several times with a fork.

Filling:

2 cups canned pumpkin
¾ cup sugar
1 t teaspoon cinnamon
½ t teaspoon ginger
½ t teaspoon nutmeg
3 eggs
1¼ cups heavy cream

Whisk together all ingredients. Pour into unbaked pie crust. Bake at 350° for 50 minutes or until a toothpick inserted in the middle of the pie comes out clean.



P is for Pancake

1 cup whole wheat flour
1 teaspoon baking powder
½ teaspoon sea salt
1 egg
¼ cup oil or melted butter
1 cup milk or buttermilk

Use a whisk to mix up ingredients.

Use a spoon to form pancakes in the shape of “p” on a well buttered skillet.



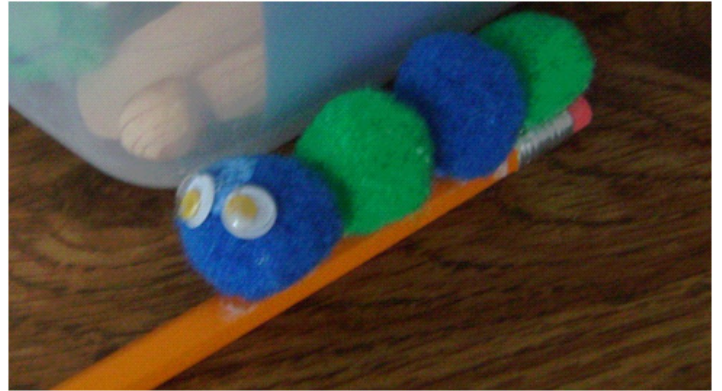
Pencil Pals

Supplies you will need:

Pencil
Colored pom-poms
Googly eyes
Bottled glue

How to make Pencil Pals:

Glue pom-poms and googly eyes onto the pencil to make any kind of pencil pal you want.



The Letter

Qq



What Does the Bible Say

Work to memorize Zephaniah 3:17.
Print the scripture card and
place it on the wall.

Read about **Queen** Esther.
(The book of Esther)



Write Away!

On the writing worksheet teach your
child to write Qq.

On this same page write all the
words that your child can think of
that begin with Qq.



Books to Read

Queenie, *One Of The Family*,
by Bob Graham

*The **Question** Song*,
by Kaethe Zemach

Quiet Night, by Marilyn Singer



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Qq says qu
The letter Qq says qu
Like queen and quilt and quit and quack
The letter Qq says qu*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Qq. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Qq.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Quench someone's thirst with a **Quick Quencher**.

Begin to save **quarters** in a jar to give to a needy cause.

Think of more ways to serve that begin with Qq



Talk, Think, Learn

What are some places we go
that we need to be **quiet**?

What are some ways to
stop a **quarrel**?

Why is it important to not
be a **quitter**?



Things To Do Together

Line up **quarters** in the shape of Qq

Play Twenty **Questions**

Quickly pick up as many toys as you
can to put them away.

Treat your mom like a **queen**!



Things to Make

Paste together a "**quilt**"
using pretty papers.

Quesadillas

Quick Quencher



Recipes and Instructions Toolbox:

Chicken Veggie Quesadillas

Heat cheese between two tortillas until cheese is melted... or make up these yummy chicken veggie quesadillas!

- 1/3 cup chopped red bell pepper
- 2 Tablespoons chopped onion
- 1/4 cup chopped sweet green chili pepper
- 2 Tablespoons olive oil
- 3/4 cup corn
- 1 cup cooked chicken, cut into bites
- 1 medium tomato, cut into bite sized pieces
- 3/4 cup grated cheddar cheese
- 3/4 cup sour cream
- 1/2 teaspoon chili powder (more or less according to your taste)
- 10 whole wheat tortillas

Sauté peppers and onions in olive oil for 3-4 minutes. In a medium mixing bowl stir together corn, chicken, grated cheese, tomatoes, sour cream and chili powder. Fold in sautéed veggies.

In a skillet, lay down one tortilla. Spread filling onto tortilla and top with a second tortilla. Cook over medium low heat for about one minute on each side or until filling is warm and tortillas are slightly crispy. Continue until all tortillas are filled.



Qq Quarters

Line up quarters in the shape of capital Q and lower case q.



Twenty Questions

How to play:

One person thinks up a specific object (like a cat, a soccer ball, a pizza, etc.). Others ask questions to try to figure out what the first person is thinking of. Ask questions such as, “Is it a food?” “Is it bigger than a bread box?” to try to narrow down your options quickly, because there are only a total of twenty questions allowed! If it takes more than twenty questions to figure out the object, the person thinking of the object wins!

Quick Quencher

2 cups orange juice

1 cup grape juice

1 cup lemonade

Ice

Mix the juice and lemonade in a pitcher with ice.

Serve cold.



Quilt

Supplies you will need:

Pretty scrapbooking paper cut into three inch squares

Glue stick

Cardstock cut into 8½ inch squares

How to make a Paper Quilt:

Glue the scrapbook paper squares onto the cardstock in pretty patterns like a quilt.



The Letter

Rr



What Does the Bible Say

Work to memorize Philippians 4:4.
Print the scripture card and
place it on the wall.

Read about **Ruth**.
(The book of Ruth)



Write Away!

On the writing sheet teach your child
to write Rr.

On this same page write all the
words that your child can think of
that begin with Rr.



Books to Read

Rabbits And Raindrops,
by Jim Arnosky

*The **Red** Carpet*, by Rex Parkin

Ride a Purple Pelican,
by Jack Prelutsky



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Rr says rrr
The letter Rr says rrr
Like rat and red and run the race
The letter Rr says rrr*



Talk, Think, Learn

Where does **rain** come from?
What things are **real**, what things are
not **real**? Can something be **real** even
if we can't see it or hold it?

Why do we need **rest**?

What are some things
that are **round**?

Why is it important to follow **rules**?



Ways To Serve

Make a list of everyone you can think of whose name
begins with Aa. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Aa.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Invite **R**_____ over for **refreshments**.

Call _____ and offer a **ride** to church or to the store.

Make a **Rockin' Reward** for **R**_____.
(Found in Alphabet Project Packet)

Think of more ways to serve that begin with Rr



Things To Do Together

Relax together and
read lots of books.

Review past memory verses.

Set up a pretend **restaurant** with
menus... pay with pretend money.
(Found in Alphabet Project Packet)



Things to Make

Rainbow
Recycled Robot
Colored Rice



Recipes and Instructions Toolbox:

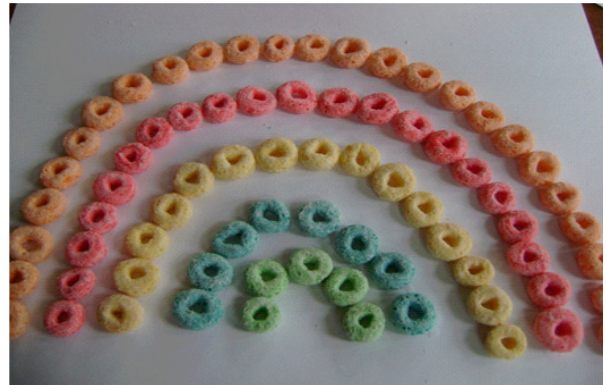
Rainbow

Have your child divide a pile of Fruit Loops into separate color piles.

Draw the outline of a rainbow on white paper.

Use Elmer's glue to trace the lines, one at a time.

Allow your child to place Fruit Loops onto the line of glue.



Recycled Robot

Supplies you will need:

Boxes, egg cartons, tin cans, aluminum foil, and any other recycled items you want to use for a robot.

Elmer's glue

Masking tape

Markers

How to make a Recycled Robot:

Assemble your robot however you would like using the glue and tape. Give your robot a name that begins with the letter Rr.



Rainbow Rice

Supplies you will need:

Plain, uncooked rice
Food coloring
Sandwich sized zip lock baggies



How to make Rainbow Rice:

Put 2 cups of rice into each baggie. Place 4-5 drops of food coloring into each baggie. Close the baggie tightly. Allow child to shake the baggie until the color is mixed throughout.

Dump the contents of each baggie into a plastic container. Stir, or shake container to mix the colors. Give child cups and spoons so that he/she can scoop Rainbow Rice into different sized containers.



Rockin' Reward

Cut out the Rockin' Reward. (Found in Alphabet Project Packet) Decorate it however you would like, glue it onto a piece of red construction paper or cardstock, then give it to someone whose name begins with Rr.

The Letter

Ss



What Does the Bible Say

Work to memorize Matthew 7:12.
Print the scripture card and
place it on the wall.

Read about **Samson**.
(Judges 13-16)



Write Away!

On the writing worksheet teach your
child to write Ss.

On this same page write all the
words that your child can think of
that begin with Ss.



Books to Read

Sam's Little Sister, by Yves Got

Serious Trouble, by Arthur Howard

Sleepy Book, by Charlotte Zolotow



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Ss says sss

The letter Ss says sss

Like sit and sing some silly songs

The letter Ss says sss



Talk, Think, Learn

What does it mean to be **selfish**?

What are some things you
do to **stay safe**?

What kinds of things make you **sad**?

What should you do
when you feel **sad**?

What does it mean to **sin**? How can
we work on not **sinning**?



Ways To Serve

Make a list of everyone you can think of whose name
begins with Ss. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Ss.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Serve a **salad** and **sandwich supper** to S _____.

Take **soup** to someone who is **sick**.

Think of more ways to serve that begin with Ss



Things To Do Together

Make up a **silly story**.

Play "Make Me **Smile**"

Plant a **seed** in some **soil** and
watch it grow.

Learn about your five **senses**.

Learn to **set** the table.

Play I **Spy**.



Things to Make

Sock puppet

Sand art

Scratch and Sniff Stickers



Recipes and Instructions Toolbox:

Sand Art

Supplies you need:

Colored sand
Clear jars
Toothpicks

How to make Sand Art:

Carefully pour sand into a jar, one color at a time for layers. Use a toothpick in the sand to create designs.



Sock Puppet

Supplies you need:

Old socks
Markers
Feathers
Buttons
Glue

How to make a Sock Puppet:

Create a sock puppet using any of the above mentioned supplies or others you have around the house.



Scratch and Sniff Stickers

Supplies you will need:

Small pictures cut from magazines or coloring books
2 teaspoons unsweetened Kool-aid mix (any flavor variety)
2 teaspoons warm water
Small container
Small paintbrush or cotton swab

How to make Scratch and Sniff Stickers:

Mix water and drink mix together in small container. Use paintbrush or cotton swab to "paint" a tiny amount of the mixture onto the printed images. Allow image to dry.

Cut out the image and use glue stick to place it onto a card or picture.



Make Me Smile Game

How to play:

Have one player working very hard NOT to smile, and the other player working very hard to make that person smile, without touching that person. Take turns trying to make each other smile.

The Letter

Tt



What Does the Bible Say

Work to memorize Isaiah 45:22.
Print the scripture card and
place it on the wall.

Read the book of **Titus**.



Write Away!

On the writing worksheet teach your
child to write Tt.

On this same page write all the
words that your child can think of
that begin with Tt.



Books to Read

Tails, by Matthew Van Fleet

Tea For Ten, by Lena Anderson

Train Song, by Harriet Ziefert



Sing The Sound

(Sung to the tune of Farmer in the Dell)

The letter Tt says ttt

The letter Tt says ttt

Like toast and top and turn and twist

The letter Tt says ttt



Talk, Think, Learn

How do you feel when
someone is **teasing** you?

Is it good to **tattle** on someone?
Why or why not?

Why is it important to tell the **truth**?

Who are some people that you **trust**?



Ways To Serve

Make a list of everyone you can think of whose name
begins with Tt. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Tt.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Invite **T**_____ for **Tea Time**.

Take a **Toy** to **T**_____.

Pick up a **Teenager** and take him/her out for a **treat**.

Think of more ways to serve that start with the letter Tt



Things To Do Together

Build a **tower** with **Tinker Toys**.

Try **Tongue Twisters** (Found in
Alphabet Project Packet)

Build a **tent** in the living room.

Try to learn to **tie** your shoes.

Have a **treasure** hunt.



Things to Make

Tack the **Tail** on the **Tiger** (Found in
Alphabet Project Packet)

Tube Telescope

Tuna Topped Tomatoes



Recipes and Instructions Toolbox:

Tuna Topped Tomatoes

1 can tuna
2 Tablespoons mayonnaise
1 teaspoon sweet pickle relish
Dash of sea salt
Fresh tomatoes

Open tuna can and drain off water. Place tuna in a bowl.
Mix in mayonnaise, pickle relish and salt.

On a plate, place tomato slices. Scoop tuna on top of the tomato. Serve.



Tack the Tail on the Tiger

Place the tiger (Found in Alphabet Project Packet) on the wall. Cut out the tails.

Place a small amount of sticky tack on the back of each tail. Blind fold each child and allow them to attempt to tack the tail onto the tiger on the wall.

Tube Telescope

Supplies you will need:

A paper towel tub
Markers or paint

How to make a Tube Telescope:

Decorate a paper towel tube however you wish and look through it like a telescope.



The Letter

Uu



What Does the Bible Say

Work to memorize Psalm 127:1.
Print the scripture card and
place it on the wall.

Read about **Unity**.
(Psalm 133:1, Romans 6:5,
Philippians 2:1-2, Colossians 2:2)



Write Away!

On the writing worksheet
teach your child to write Uu.

On this same page write all the
words that your child can think of
that begin with Uu or have the Uu
sound inside.



Books to Read

Under The Table, by Marisabina Russo

Up Above, Down Below,
by Sue Redding

Up On Daddy's Shoulders,
by Matt Berry



Sing The Sound

(Sung to the tune of Farmer in the Dell)

(Short Sound)

The letter Uu says uh
The letter Uu says uh
Like up and under, run and fun
The letter Uu says uh

(Long Sound)

The letter Uu says ooo
The letter Uu says ooo
Like tube and suit and super cute
The letter Uu says ooo



Ways To Serve

Make a list of everyone you can think of whose name
begins with Uu. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Uu.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Write a letter to your **uncle(s)**.

Take a basket of **useful** things to **U**_____.

Invite **U**_____ for an **Ultimate** Nacho Party.

Think of more ways to serve that begin with the letter Uu.



Talk, Think, Learn

What should you do when you don't
understand something?

What makes you **unique**?
Why are you **unique**?

Who are some people
who wear **uniforms**?

What are some **unhealthy** treats you
should only eat occasionally?



Things To Do Together

Make up a story that is **unbelievable**.

Spin an **upside** down **umbrella**.

Find the **United States** on a map



Things to Make

Upside Down Pineapple Cake

Ultimate Nachos



Recipes and Instructions Toolbox:

Upside Down Pineapple Cake

1½ cups whole wheat flour
¾ cups sucanat or brown sugar
1 teaspoon baking powder
¾ cup milk
¼ cup melted butter
1 egg
1 teaspoon vanilla

Mix flour, sucanat and baking powder together in a large bowl. Add milk, melted butter, egg and vanilla. Combine thoroughly.

2 Tablespoons butter
¼ cup sucanat or brown sugar
One 8-ounce can pineapple slices, drained and cut in half
Melt butter in a round 9x1½ inch pan. Stir in sucanat.

Arrange pineapple in the pan.

Slowly pour cake batter over the pineapple.

Bake in a 350° oven for 30-35 minutes or until a toothpick inserted in the center comes out clean. Cool for about 5 minutes, then loosen the sides of the cake off the pan with a knife and turn the cake upside down onto a plate.

Makes 8 servings



Ultimate Nachos

2 pounds ground beef
2 teaspoons chili powder
½ teaspoon sea salt
Corn chips
Salsa
Fresh tomatoes, diced
Lettuce, torn into small pieces
Olives, sliced
Sour cream
Onions, chopped
Avocado
Shredded cheese

Brown the ground beef until cooked through and through. Sprinkle with chili powder and salt. Cover and simmer for about five minutes.

Set out a big buffet of chips, cooked meat and all the nacho fixings. Let everyone build their plate of nachos however they wish!



The Letter

Vv



What Does the Bible Say

Work to memorize 1 Corinthians 15:57. Print the scripture card and place it on the wall.

Read about **victory** in Jesus.
(1 John 5:1-5)



Write Away!

On the writing worksheet teach your child to write Vv.

On this same page write all the words that your child can think of that begin with Vv.



Books to Read

*The **Very** Hungry Caterpillar,*
by Eric Carle

***Violet's** Music,* by Angela Johnson

***Valentine**,* by Carol Carrick



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Vv says vvv
The letter Vv says vvv
Like van and violet violin
The letter Vv says vvv*



Ways To Serve

Make a list of everyone you can think of whose name begins with Vv. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Vv.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Make **vegetable** soup for V_____.

Take a **vase** of **violets** to V_____.

Think of more ways to serve that begin with Vv



Talk, Think, Learn

What kinds of things are **valuable**?

What does a **veterinarian** do?

Where would you like to go on a **vacation**?



Things To Do Together

Help **vacuum** the house.

Try some new **vegetables**.

Think of some **verbs** (action words).

Take a family **vote**.

View a Veggie Tale video.



Things to Make

Vanilla pudding

Grocery Sack **Vest**

Vinegar Volcano



Recipes and Instructions Toolbox:

Grocery Sack Vest

Supplies you will need:

A paper grocery sack
Scissors
Markers and/or paint

How to make a Vest:

With the scissors, cut a head sized hole in the bottom of the sack. Cut up both sides of the sack from the bottom. Decorate the sack however you would like.



Vinegar Volcano

Supplies you will need:

1 cup vinegar
2 teaspoons baking soda
8 ounce Jar
Large bowl

How to make a Vinegar Volcano:

Place the jar inside the bowl. Put 2 teaspoons baking soda into the jar. Pour vinegar over the baking soda and watch it erupt like a volcano!



Vanilla Pudding

2½ cups milk 3 egg yolks
½ cup real maple syrup
4 Tablespoons arrowroot powder
¼ teaspoon sea salt
1 Tablespoon butter 1 teaspoon vanilla

In a medium saucepan, whisk together milk, egg yolks, maple syrup, arrowroot powder and salt. Cook over medium heat, stirring **CONSTANTLY** until pudding begins to thicken. Remove immediately from the heat, and continue to stir until pudding is creamy. Add butter and vanilla and continue to stir until mixed. Pour into serving dishes and serve warm, or chill for two hours and serve cold.



Vegetable Soup

1 pound soup bones
4 cups water
4 cups tomato juice
1 medium onion
2 cups frozen peas
2 cups frozen green beans
2 cups frozen corn
4 medium potatoes
3 carrots
Sea Salt

In large stock pot or dutch oven, mix soup bones, water, and chopped onion. Bring to a boil, then simmer for about two hours. Cut meat off of bones and add meat back to the pot, discarding the bones. Pour tomato juice into pot.

Scrub potatoes and carrots and cut them into bite-sized pieces. Add potatoes, carrots, peas, green beans and corn to the pot. Stir and salt well.

Bring to a boil, then simmer, stirring occasionally for about 25 minutes or until carrots and potatoes are tender.



The Letter

Ww



What Does the Bible Say

Work to memorize Psalm 27:14.
Print the scripture card and place it on the wall.

Read about a **wise** man.
(Matthew 7:24-29)



Write Away!

On the writing worksheet teach your child to write Ww.

On this same page write all the words that your child can think of that begin with Ww.



Books to Read

Way Up High In A Tall Green Tree,
by Jan Peck

Way Down Deep In The Deep Blue Sea,
by Jan Peck

We're Going To The Zoo,
by Tom Paxton



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Ww says www
The letter Ww says www
Like way and word and win and work
The letter Ww says www*



Ways To Serve

Make a list of everyone you can think of whose name begins with Ww. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Ww.

Make a list of these countries. Pray for the missionaries you may know who are in these countries teaching people about Jesus. Pray for the Christians in these countries and for the people who don't know about Jesus yet.

Do some **work** for **W**_____

Take a **wall** hanging to **W**_____

Think of more ways to serve that begin with Ww:



Talk, Think, Learn

Should you have everything you **want**? What's the difference between **wants** and needs?

How do we **waste** things? How can we do a better job of not **wasting** things?

How big is the **world**? How many people live in the **world**?



Things To Do Together

Take a **walk** pulling a **wagon**.

Do **warm-up** exercises.

Wash dishes.

Whisk water.

Learn the days of the **week**.



Things to Make

Weave a **web** with yarn

Weather chart

(Found in Alphabet Project Packet)

Wiggle Worm



Recipes and Instructions Toolbox:

Weave a Web

Supplies you will need:

Yarn or string
A chair

How to Weave a Web:

Weave the yarn through the back legs of a chair to resemble a web.



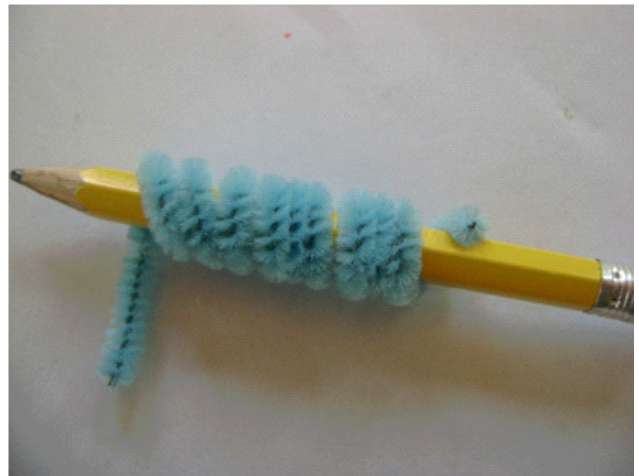
Wiggle Worm

Supplies you will need:

Pipe cleaners of various colors
Pencil

How to make Wiggle Worms:

Wrap a pipe cleaner around the pencil until it resembles a wiggly worm!



The Letter

Xx



What Does the Bible Say

Work to memorize Philippians 4:6.
Print the scripture card and
place it on the wall.

Read about King **Xerxes**.
(Esther 1)



Write Away!

On the writing worksheet teach your
child to write Xx.

On this same page write all the
words that your child can think of
that begin with, end with or have the
Xx sound in them



Books to Read

Not A **Box**, by Antoinette Portis

Fox, by Kate Banks

Fox in Socks, by Dr. Seuss



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Xx says kks
The letter Xx says kks
Like box and fox and exercise
The letter Xx says kks*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Xx. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Xx.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Fill a **box** with things you don't need or use
anymore and take it to someone who needs it.

Decorate some **index** cards with stickers and scripture
encouragement to deliver to people.

Think of more ways to serve that include the letter Xx



Talk, Think, Learn

What does it mean to do something
extra for someone?

What kinds of things
make you **excited**?

Have you had chicken **pox**? Do you
know someone who has had the
chicken **pox**?



Things To Do Together

Exercise together.

Experiment.

Pack a lunch **box** and go for a picnic.

Relax and read together.



Things to Make

Fix-it Kit

My Very Own **Mailbox**



Recipes and Instructions Toolbox:

My Very Own Mailbox

Supplies you will need:

A small box

Paint, markers, stickers, pipe cleaners, rick-rack, lace, or any kind of decoration

Decorate your box into a “Mail Box” and set it out for your family. Your family can put little notes of mail into your box for you!



Fix-it Kit

Supplies you will need:

Scissors, tape, string, glue, sticky tack, etc.

Put the supplies into a box and label it “Fix-it Kit”. Keep it on hand for all of your quick fix emergencies!



The
Letter
Yy



What Does the Bible Say

Work to memorize Matthew 11:29.
Print the scripture card and
place it on the wall.

Read about **Young** David.
(1 Samuel 16-17)



Write Away!

On the writing worksheet teach your
child to write Yy.

On this same page write all the
words that your child can think of
that begin with Yy



Books to Read

Yoko's Paper Cranes,
by Rosemary Wells

You And Me, Little Bear,
by Martin Waddell

You Can Do It, Sam, by Amy Hest



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Yy says yuh
The letter Yy says yuh
Like yes and yak and yellow yarn
The letter Yy says yuh*



Ways To Serve

Make a list of everyone you can think of whose name
begins with Yy. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Yy.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Take a **Yogurt** Smoothie to Y_____.

Say **yes** to someone who needs help.

Take **Yum-Yum** Trail Mix to Y_____.

Think of more ways to serve that begin with Yy:



Talk, Think, Learn

Why is it best not to **yell** very often?
When is it okay to **yell**?

How many days in one **year**? What
year were you born?

When was **yesterday**?

How can you love and treat
others as **yourself**?



Things To Do Together

See if you can make someone **yawn**.

How long is a **yard**? Measure how
many **yards** from here to there.

Learn to use a **yo-yo**.



Things to Make

Something with **Yellow Yarn**

Yeast bread

Yogurt Smoothies

Yum-Yum Trail Mix



Recipes and Instructions Toolbox:

Yogurt Smoothie

2 cups plain yogurt
1 cup frozen or fresh strawberries
1 cup frozen or fresh blueberries or raspberries
1 ripe banana
½ teaspoon vanilla extract
4 Tablespoon real maple syrup
Put all ingredients into the blender and mix well.



Yum Yum Trail Mix

½ cup pecans
½ cup cashews
½ cup peanuts
½ cup raisins
½ cup dried apricots, cut into pieces
⅓ cup chocolate chips
Mix it all together and store in an airtight container in the refrigerator.



Yeast Bread

6 cups whole wheat flour, divided
1¾ cups warm water, divided
⅓ cup honey
2 ¼ teaspoons active dry yeast
1 teaspoon sea salt
3 T. melted butter
Mix 3 cups of whole wheat flour with 1½ cups of warm water in a large glass bowl. Allow this to sit for about 30 minutes.



In a small bowl mix together $\frac{1}{4}$ cup water, 2 $\frac{1}{4}$ teaspoons yeast and $\frac{1}{3}$ cup honey. Allow this to sit for about 10 minutes or until the yeast is activated and mixture becomes bubbly. In the meantime, melt 3 Tablespoons butter in a small sauce pan. Remove from heat and allow to cool.

Add 1 teaspoon salt, melted butter and yeast mixture to the flour and water mixture. Gradually add the remaining three cups of flour and stir well. As the dough becomes harder to stir, pour it out onto a clean counter and begin to knead the dough for 10 minutes.

Place it into a bowl to rise, covered for at least one hour or until the dough has doubled in size.

Using a floured hand, pull the dough out of the bowl onto the counter. Knead for three or four minutes until the air bubbles are all gone. Shape the dough into two loaves. Place loaves into buttered bread pans.

Cover and allow 30 minutes to one hour to rise again. Bake the bread *uncovered* in a 350 degree oven for 45-50 minutes, or until the bread sounds hollow when you thump the top of it.

Allow the bread to cool in the pans for 10 minutes, then remove it to finish cooling on a wire rack.



The Letter

Zz



What Does the Bible Say

Work to memorize Romans 12:11.
Print the scripture card and
place it on the wall.

Read about **Zacchaeus**.
(Luke 19:1-10)



Write Away!

On the writing worksheet teach your
child to write Zz.

On this same page write all the
words that your child can think of
that begin with Zz



Books to Read

Zagazoo, by Quentin Blake

Za-Za's Baby Brother,
by Lucy Cousins

Zoo-ology, by Joelle Jolivet



Sing The Sound

(Sung to the tune of Farmer in the Dell)

*The letter Zz says zzz
The letter Zz says zzz
Like zoo and zig and fuzz and buzz
The letter Zz says zzz*



Talk, Think, Learn

How much is **zero**?

What are some things you can think
of that are **fuzzy**?



Things To Do Together

Trace the **zig-zags**. (Found in
Alphabet Project Packet)

Test different hot wheel cars to see
which **zoom** the fastest.

Find **Zimbabwe** on the globe.

Listen to **jazz** music.



Things to Make

Zucchini Bread

Animal Cracker **Zoo**



Ways To Serve

Make a list of everyone you can think of whose name
begins with Zz. Pray for these people all week.

Look on a map or globe to find countries that begin with the letter Zz.

Make a list of these countries. Pray for the missionaries you may
know who are in these countries teaching people about Jesus. Pray
for the Christians in these countries and for the people
who don't know about Jesus yet.

Take **Zucchini Bread** to Z _____.

Take **Pez** to Z _____

Think of more ways to serve that begin with Zz
(or have the Zz sound in the word)



Recipes and Instructions Toolbox:

Zucchini Bread

3 cups whole wheat flour
2 teaspoons cinnamon
1 teaspoon baking soda
 $\frac{1}{2}$ teaspoon sea salt
 $\frac{1}{2}$ teaspoon nutmeg
 $\frac{1}{2}$ teaspoon baking powder
1 cup honey
2 cups shredded zucchini
 $\frac{1}{2}$ cup melted butter
2 eggs

In a large mixing bowl combine flour, cinnamon, baking soda, sea salt, nutmeg and baking powder. Stir in honey, zucchini, eggs and melted butter. Mix ingredients until dry ingredients are moistened. Pour into two well buttered loaf pans.

Bake at 350° for 45-60 minutes or until a toothpick inserted in the middle comes out clean.



Animal Cracker Zoo

Supplies you need:

Animal crackers
Glue
Cardstock
Markers

What to Do:

Draw cages and animal pens on the cardstock and glue the animal crackers into the pens like a zoo.



Congratulations on completing
Learn Your Letters, Learn to Serve
with your child(ren)!

My prayer is that your family was blessed as you
learned together and served others together.

Be sure to visit www.heavenlyhomemakers.com for daily family encouragement.



About the Author:

Laura Coppinger received a bachelor's degree in Elementary Education in 1995. She became a stay at home mom when her first son was born in 1997 and began teaching her own kids at home (as soon as they were home from the hospital) officially in 2002. She and her husband Matt have home-schooled their four sons for nine years at the time of this writing. You'll find her daily musings, healthy recipes and family encouragement at her website www.heavenlyhomemakers.com.

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