

SCREEN AGERS

GROWING UP IN THE DIGITAL AGE



FAMILY DISCUSSION QUESTIONS

- How do you see your friends and their families manage electronics? Do you think your friends spend more or less time on their phones than you do?
- Why do you think it is important to have limits on our use of technology? What would happen to our family if mom/dad spent as much time as you spend on electronics?
- How does our family do at managing our electronics? Do you think we spend too much time on our devices?
- What family rules do you think we should have about using electronics in our house? Should we take our phones to bed with us? Should we have times when we set our electronics aside to be together? Do you feel like you get enough time with us, or do you feel like you have to compete with our devices (asked by parents)?
- Do you think you do a good job of having self-control when it comes to being on your phone/computer/gaming device? Do you think you need more accountability? What would help you have more self control?
- How much time do you see your friends spending on social media? How much time each day do you spend on social media, and how do you decide what you post?
- How do you determine who you "friend"? What are the pitfalls of inviting a stranger into your online community?
- Sending compromising pictures is a real problem today. What are some of the dangers of sending or receiving a naked or semi-naked picture of someone? Have you seen this problem among your friends? Has anyone ever asked you to send nude or compromising photos? If so, how did you handle it? Or has anyone ever sent you one?
- How do you limit what you consume through social media?
- What should you do if you accidentally see something online that you shouldn't see? What kinds of things draw you in so that you could lose track of time?
- Do you see your friends addicted to video games? How do you manage your video game time? How much time do you spend each day/week playing video games? When you stop playing video games, how do you feel? When does it become addiction?

WHAT'S AT PERIMETER CHURCH FOR YOUR FAMILY?

At Perimeter Church, we want to be a source of encouragement and equipping to build healthier, thriving families in our community.

Opportunities for Kids

We offer ministries to encourage your children from birth through high school.

Sunday Mornings for Kids

Downtown-Nursery and Preschool
KidsQuest Children's Worship
Children's Discipleship
perimeter.org/kidstown

Sunday Evenings for Youth

Middle School
perimeter.org/jhi
High School
perimeter.org/watershed

Impact Arts Academy

Vocal, piano, guitar lessons and more!
impactartsacademy.com

Perimeter Ballet Academy

Ballet classes for ages 3 to 18
perimeterballet.com

Ignite Sports Academy

Soccer and Basketball leagues
ignitesportsacademy.com

Perimeter School

A covenant Christian school for grades K-8
perimeterschool.org

Opportunities for Adults

We offer ministries and classes to encourage you in your spiritual growth and support you as parents.

Young Families Sunday

A community of support and encouragement for parents of young children
perimeter.org/youngfamilies

Parent U

Encouragement for parents of teens navigating modern challenges
perimeter.org/parentu

Connect Groups

The perfect first step to getting connected with others at Perimeter
perimeter.org/connectgroups

Women's Ministry

Multiple opportunities for friendship and spiritual growth
perimeter.org/women

Essentials of Faith

A four-week class that investigates the principles of Christian faith.
perimeter.org/EOF

ESL Classes

For anyone who wants to practice speaking English in a fun and friendly environment
perimeter.org/ESL

Perimeter Church is known for strong, biblical teaching that equips and challenges you as you grow and mature in your faith. We would love for you to join us for one of our weekend worship services.

Service Times

Saturday 5:00 PM
Sunday 9:00 and 10:45 AM

