



What if each chair you sat in had been prayed over? Each place you visit? Even your house? How powerful would it be if we filled the world with prayer over every street, every school or every community?

## How to Take a Prayer Walk

A prayer walk is a form of intercessory prayer, praying for the needs of other around you, even if you don't know them or their needs. You can prayer walk in your own neighborhood, around your office, or around your child's school. You simply walk around a location and pray for each person, each house, each seat, each need your heart hears.

Prayer walking is a form of intercessory prayer, praying for the needs of others around you. As you walk, say silent prayers. Find a friend or two to walk with you or prayer walk as a family.

You don't need to carry a Bible or make a show of what you're doing. Simply spend time in prayer, becoming more aware of those around you and ask for God's blessings upon them.

Maybe you know the specific prayer needs of a neighbor, but more likely you won't know the specifics. Simply be open to the lead of the Holy Spirit and pray.

## 6 Prayer Walk Ideas

### Idea #1 Prayer Walk Through Your Own Neighborhood

Walk around your own neighborhood praying over every house, ever neighbor.

- If you see signs of children in the house, pray for those children to grow up knowing God. Pray for the parents to have wisdom and patience in their job of parenting.
- If you see signs of teenagers in the house, pray for safety as those kids begin to stretch their wings. Pray they will find a sure path and stay well-grounded as they grow and leave the house.
- If you see a 'for sale' sign in the yard, pray for a smooth transition and move for the family and the new neighbors who will move in.

### Idea #2: Prayer Walk Through Another Community

You can take a prayer walk to another community in need of prayer.

Remember **safety first** if taking a prayer walk to another neighborhood or community. Walk in small groups, be aware of your surroundings. Don't call attention to your prayer walk, just pray silently as you walk.

Fill that community with prayer, praying for each person you see, each home or business.

If someone asks what you're doing, explain that you're praying over the neighborhood. Then ask how you can pray for them.

### **Idea #3: Prayer Walk Around Your Neighborhood School**

Prayer walk around your children's school or one in your community.

- Pray over the teachers, administrators, and children in that school.
- If you have a directory, pray over each student, each teacher, and each staff member by name.
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### **Idea #4: Prayer Walk Around Your Church**

Prayer walk around your church.

- Pray for the people who will be in each room, each chair.
- Pray for God to speak into their hearts, to heal what's broken and comfort what ails.
- Pray that they would be changed in this place.

### **Idea #5: Prayer Walk Through Your Workplace**

Pray as you walk around your office.

- Pray over each cube or desk you pass as you walk to the break room.
- Pray for God's love and healing touch to reach each person.
- Pray for wisdom and discernment for good decisions as you pass each meeting room.

### **Idea #6: Prayer Walk Around Your Home**

Take a prayer walk around your home.

- Pray over each room and the people who use it.
- Pray over each bedroom, for the needs of that family member.
- Pray over the kitchen and the meals that will be prepared there.
- Pray for God's blessings and protection over each room in your home.

So, how will you take prayer to the street? How will you try taking a prayer walk?  
Will you prayer walk around your neighborhood or around your workplace?