

PHILIPPIANS 4:4-7 (NIV1984)

January 2022 // 3rd-6th Grade

5

- 4 **Rejoice in the Lord always. I will say it again: Rejoice!**
- 5 **Let your gentleness be evident to all. The Lord is near.**
- 6 **Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.**
- 7 **And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.**
-

rejoice: *be very glad*

evident: *known*

anxious: *worried*

petition: *asking*

transcends: *goes beyond*

PHILIPPIANS (PAUL'S LETTERS)

BOOK OF THE BIBLE

2 Corinthians

Galatians

Ephesians

PHILIPPIANS

Colossians

1 Thessalonians

2 Thessalonians



DID YOU KNOW? The Apostle Paul wrote this letter to Christians in Philippi, a city in Greece. Paul wanted to thank the Philippians for their support and to encourage them to be happy. Although Paul was in prison, he knew that whatever his circumstances, Jesus was with him and because of that he could be happy.

WHAT DOES IT MEAN? Because of our sin we allow our happiness to change with our circumstances. When good things happen, we're happy, but when bad things happen, we're sad. But God's Word tells us to be full of joy all the time! Our happiness should come from our faith and trust in our loving God. In both the good times and the bad times, He wants us to bring our requests and prayers to Him. When we trust Him, He will always help us not to be anxious. Because of Jesus, we can experience the true peace and happiness that comes from knowing that God is always with us and always in control - always!