In his excellent book, Love \& Respect, Dr. Emerson Eggerichs provides practical applications for showing respect in your husband's created drives.

Z Your Husband Will Feel Respected and Will Then Feel You Appreciate His Desire to Work and Achieve When...

- You tell him verbally or in writing that you value his work efforts.
- You express your faith in him related to his chosen field.
- You listen to his work stories as closely as you expect him to listen to your accounts of what happens in the family.
- You see yourself as his helpmate and counterpart and talk with him about this whenever possible.
- You allow him to dream as you did when you were courting.
- You don't dishonor or subtly criticize his work.

2. Your Husband Will Feel Respected and Will Then Feel You Appreciate His Desire to Protect and Provide When...

- You verbalize your admiration of him for protecting you and being willing to die for you.
- You praise his commitment to provide for and protect you and the family. (He needs to know you don't take this for granted.)

Your Husband Will Feel Respected and Will Then Feel You Appreciate His Authority and Leadership When...

- You tell him you are thankful for his strength and enjoy being able to lean on him at times.
- You support his self-image as a leader.
- You praise his good decisions.
- You disagree with him only in private and honor his authority in front of the children.
- You give your reasons for disagreeing quietly and reasonably, but you never attack his right to lead.


## Your Husband Will Feel Respected and Will Then Feel You Appreciate His Insight

 and Counsel When...- You thank him for his advice without acting insulted or as if he doesn't care about your feelings.
- You recognize his problem-solving approach as his male brand of empathy.
- You respond to him respectfully when you differ with his ideas (you can be right, but wrong at the top of your voice.)

Emerson Eggerichs, Love \& Respect, (Nashville, TN: Integrity Publishers, 2004), pages 203, 213-14, 224-25, 237.

